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December
2018

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BUFFALO

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UB Recreation Newsletter

sales, sales, sales >>>

SECRET SANTA SALE

The Bulls Team Shop Secret Santa Sale is back again this year! \$10 scores you a box or bag filled with awesome Buffalo Bulls swag.

Each box/bag contains merchandise from the Bulls Team Shop, a ticket to a UB men's or women's basketball game and a few lucky winners could secure a **\$50 Gift Certificate to the Bulls Team Shop** or a **Golden Ticket for two (2) 2019 UB Football Season Tickets!**

Secret Santa Bags & Boxes are for sale at the Bulls Team Shop during the following times:

12/15 – Men's Basketball Game, 2pm-4pm

12/21 – Women's Basketball Game, 12pm-4pm



Early Bird Membership Sale

A wide variety of programs are offered for our Students, Faculty, Staff and Alumni as well as the general community. A Recreation Membership will include access to the Recreation Facilities on North and South Campus.

On North Campus, Alumni Arena is a world class facility that houses the university's NCAA Division I sports teams and faculty. It also boasts an Olympic-sized swimming pool, 1/6 mile indoor track, a 6,900 sq. ft. fitness center, locker rooms equipped with a sauna and steam room, racquetball courts, as well as three full-length basketball courts. If you venture to South Campus, you will find our other facility, Clark Hall. It was constructed as the Irwin B. Clark Memorial Gymnasium in 1937 and is three stories tall with a full basement. Clark Hall is equipped with a fitness center, cardio room, locker rooms, main gym and a 25-meter swimming pool.

During specific hours, you can utilize the swimming pools, various gym spaces, fitness centers and programming offered at both Alumni Arena and Clark Hall. Open Gym time can be used to play basketball, badminton, soccer and a variety of other activities. Real time schedules can be found on our website.

Start the new year on track with your fitness goals and renew your annual Recreation Membership in the month of December! **UB Faculty/Staff members will pay \$159.00 for an Annual Membership and Community members will pay \$169.00.**

Visit us at Member Services at Alumni Arena or Clark Hall to sign-up today!



winter break >>>

Break Hours Begin December 8th

The Fall 2018 semester is coming to a close! Winter Break brings changes in facility hours and closures for the holiday season. Soon the students will depart for winter break and Recreation hours will change due to this quiet time of year.

Winter Break Hours will begin on Saturday, 12/8 continuing through the New Year ending when the Spring semester begins on Monday, 1/28. During the Winter Break, all areas of recreation are open, but we will have slight changes in the exact times we are opened for recreational use. Recreation & Intramurals will shutdown completely right around the holidays from Monday, 12/24/18 - Tuesday, 1/1/19.

Our UB Bulls continue to shine this year across many sports. Women's Basketball, Men's Basketball, and Wrestling will host home events several times during the month of December. Most of the home events take place right around the holidays, so take those visiting family members to a game and support your UB Bulls! Due to events taking place in and around Alumni Arena during December, parking will be limited on certain dates.

For more information about Break Hours, Facilities and Parking, please visit our website: <http://www.buffalo.edu/recreation/facilities.html>.

ALUMNI ARENA CLOSURES DECEMBER 2018



SUN	MON	TUE	WED	THU	FRI	SAT
<p>Break Hours begin Saturday, 12/8.</p> <p>All Recreation Facilities are CLOSED</p> <p>Monday, 12/24 - Tuesday, 1/1</p>						1
2	3	4	5 Jogging Track CLOSED 5:30 PM - 9:30 PM	6	7	8 WINTER BREAK HOURS BEGIN
9	10	11	12	13	14	15 Jogging Track CLOSED 12:30 PM - 4:30 PM
16	17	18	19	20	21 Jogging Track CLOSED 10:30 AM - 2:30 PM	22 Jogging Track CLOSED 5:30 PM - CLOSE
23 Jogging Track CLOSED 1:00 PM - 5:00 PM	24 ALL RECREATION FACILITIES CLOSED	25 ALL RECREATION FACILITIES CLOSED	26 ALL RECREATION FACILITIES CLOSED	27 ALL RECREATION FACILITIES CLOSED	28 ALL RECREATION FACILITIES CLOSED	29 ALL RECREATION FACILITIES CLOSED
30 ALL RECREATION FACILITIES CLOSED	31 ALL RECREATION FACILITIES CLOSED	Jan 1 ALL RECREATION FACILITIES CLOSED	Jan 2 ALL RECREATION FACILITIES REOPEN			

Alumni Arena Facility Closures:
Monday, 12/24 - Tuesday, 1/1
CLOSED

AA Pool Closures:
Monday, 12/24 - Tuesday, 1/1
CLOSED

Jogging Track Closures:
Wednesday, 12/5
5:30 PM - 9:30 PM
Saturday, 12/15
12:30 PM - 4:30 PM
Friday, 12/21
10:30 AM - 2:30 PM
Saturday, 12/22
5:30 PM - Close
Sunday, 12/23
1:00 PM - 5:00 PM
Monday, 12/24 - Tuesday, 1/1
CLOSED

Alumni Arena: 716-645-2286
Clark Hall: 716-829-2926

www.ubrecreation.com

Winter/Spring REC Academic Courses

<<< register today

Boost your GPA this winter in 3 weeks! Recreation Instruction is offering two online 3.0 credited courses during UBThisWinter 2019, REC 190 Introduction to Wellness and REC 201 Organization and Administration of Recreation Sports. Interested in staying fit this winter? We also offer online physical activity courses including Yoga, Introduction to Running and Fitness Conditioning.

For more information, please visit our website: <http://www.buffalo.edu/recreation/services/academics.html>.

ALUMNI ARENA (north) | (p) 716-645-2286 | (f) 716-645-2438 | 175 Alumni Arena, Buffalo, NY 14260 | buffalo.edu/recreation
CLARK HALL (south) | (p) 716-829-2926 | (f) 716-645-2438 | 113 Clark Hall, Buffalo, NY 14214 | ub-recreation@buffalo.edu