

Breakfast & Snack Menu



Summer/Fall 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p><i>Breakfast:</i> Cereal: Cheerios, Life Apples Milk*</p> <p><i>Snack:</i> Goldfish Crackers Watermelon Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Hard-Boiled Eggs Canned Pears Milk*</p> <p><i>Snack:</i> Yogurt Strawberries Water</p>	<p><i>Breakfast:</i> Whole Wheat Bagels Bananas Milk*</p> <p><i>Snack:</i> Cucumber Hummus Water</p>	<p><i>Breakfast:</i> Oatmeal w/ Raisins and Cinnamon Canned Peaches Milk*</p> <p><i>Snack:</i> Cottage Cheese Pineapple Water</p>	<p><i>Breakfast:</i> Raisin Bread Oranges Milk*</p> <p><i>Snack:</i> Trail Mix (Cheerios, Life Cereal, Raisins) Bananas Water</p>
II	<p><i>Breakfast:</i> Cereal: Cheerios, Life Grapefruit Milk*</p> <p><i>Snack:</i> Whole Wheat Pita Bread Bananas Water</p>	<p><i>Breakfast:</i> Yogurt Peaches Cheerios Milk*</p> <p><i>Snack:</i> Graham Crackers Cantaloupe Water</p>	<p><i>Breakfast:</i> Waffles Applesauce Milk*</p> <p><i>Snack:</i> Baby Spinach Grape Tomatoes Cheese Sticks Water</p>	<p><i>Breakfast:</i> Cream of Wheat w/ Raisins and Cinnamon Bananas Milk*</p> <p><i>Snack:</i> Goldfish Crackers Pineapple Water</p>	<p><i>Breakfast:</i> Whole Wheat English Muffin Canned Pears Milk*</p> <p><i>Snack:</i> Hard-Boiled Eggs Apples Water</p>
III	<p><i>Breakfast:</i> Cereal: Cheerios, Life Canned Pears Milk*</p> <p><i>Snack:</i> Yogurt Strawberries Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Apples Milk*</p> <p><i>Snack:</i> Sugar Snap Peas Hummus Water</p>	<p><i>Breakfast:</i> Oatmeal w/ Raisins and Cinnamon Bananas Milk*</p> <p><i>Snack:</i> Hard-Boiled Eggs Oranges Water</p>	<p><i>Breakfast:</i> Raisin Bread Oranges Milk*</p> <p><i>Snack:</i> Assorted Crackers Watermelon Water</p>	<p><i>Breakfast:</i> Whole Wheat English Muffin Bananas Milk*</p> <p><i>Snack:</i> Cottage Cheese Dip Apples Water</p>
IV	<p><i>Breakfast:</i> Cereal: Cheerios, Life Applesauce Milk*</p> <p><i>Snack:</i> Graham Crackers Cantaloupe Water</p>	<p><i>Breakfast:</i> Waffles Grapefruit Milk*</p> <p><i>Snack:</i> Trail Mix (Cheerios, Life Cereal, Raisins) Apples Water</p>	<p><i>Breakfast:</i> Yogurt Cheerios Canned Pears Milk*</p> <p><i>Snack:</i> Goldfish Crackers Bananas Water</p>	<p><i>Breakfast:</i> Whole Wheat Bagels Hard-Boiled Eggs Oranges Milk*</p> <p><i>Snack:</i> Grape Tomatoes Cheese Sticks Water</p>	<p><i>Breakfast:</i> Cream of Wheat w/ Raisins and Cinnamon Strawberries Milk*</p> <p><i>Snack:</i> Whole Wheat Pita Bread Hummus Water</p>

*Milk served is Whole, Non-fat, or Soy

UBCCC is an Equal Opportunity Provider

Juice is not served for any meals.