

TASS 5 Day Study Plan

What is a study plan?

It's an organized schedule that outlines your study times and learning goals. It allows you to set aside dedicated time each day for studying, homework, tests, projects, etc.

Why should I have a study plan?

Because success depends on you! Time management is not fun or easy but learning how to manage your time effectively and efficiently is part of being successful. Study plans help to hold you accountable for your own learning outcomes. Creating a plan helps you to see how you spend your time and helps to keep you focused on tasks.

Planning your Study Plan:

A: Chunking—sounds gross right? What we mean is break the material into manageable chunks whether by topic, chapter or whatever works for the structure or type of material you are planning to study.

B: Failing to plan Is Planning to fail: Plan to spend about 1-2 hours studying on each of the five days. They do not have to be consecutive! Don't panic if you have more than one exam on a specific day that you need to study for, simply plan ahead even further.

C: Take control of the material two ways: you prepare and you review.

<u>Prepare</u>	<u>Review</u>
<ul style="list-style-type: none"> • Study sheets • Notecards with definitions, questions or problems • Outlines and notes • Self-tests • Predict essay questions • Prepare materials for study group 	<ul style="list-style-type: none"> • Recite out loud answers to study sheets and notecards • Take Self tests • Recite main points • Re-create charts and lists from memory • Explain/Teach material to study group • Answer essay questions

Sample Study Plan:

Tuesday Prepare: Chapter 1 2 hrs	Friday Prepare: Chapter 4 1 hr Review: Chapter 3 30 min Review: Chapter 2 15 min Review: Chapter 1 10 min
Wednesday Prepare: Chapter 2 2 hrs Review: Chapter 1 30 mins	Sunday Review: Chapter 4 30 min Review: Chapter 3 20 min Review: Chapter 2 10 min Review: Chapter 1 10 min Review: Self Test 1 hr
Thursday Prepare: Chapter 3 1.5 hrs Review: Chapter 2 30 mins Review: Chapter 1 15 mins	

Date of Test: _____

Format of Test: objective essay multiple choice other _____

Day	Task	Course Content	Time Needed	Completed
Day 1	Prepare:			
Day 2	Prepare: Review:			
Day 3	Prepare: Review: Review:			
Day 4	Prepare: Review: Review: Review:			
Day 5	Review: Review: Review: Review: Self-Test:			