

# Helping the Victims of Sex Trafficking | Episodes

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Traditionally, the holiday season allows us to focus on others who are less fortunate than we are. In our mind, today's show spotlights a growing criminal enterprise whose victims, often the youngest and most vulnerable, desperately need our help, support, and understanding.

In the past few years, sex trafficking has emerged as the fastest growing criminal activity in the world, not only to the drug trade. But what can you do to stop this horrific crime?

On today's episode, Bincy Wilson, a doctoral student at the [School of Social Work](#) at the [University at Buffalo](#), shares her experience working and researching ways to help the victims as well as prevent sexual exploitation in the United States.

Bincy joins Keeping Up with Gen Y to explain the reasons why sex trafficking has begun to infiltrate inner city neighborhoods, and how we, as a society, can prevent the further ruining of young lives. She discusses the importance of Gen Y volunteering at nonprofits that assist the victims, to help them cope with their trauma as well as empower them to break free of their past to live a better future.

## More about Bincy Wilson

Bincy Wilson is a doctoral student at the School of Social Work at the University at Buffalo. Her research focuses on identifying effective rehabilitation services for victims of commercial sexual exploitation, defined as prostitution and sex trafficking. For the past two summers, the 27-year-old has volunteered and interned for the San Francisco-based nonprofit [SAGE](#), Standing Against Global Exploitation.

A native of Bangalore, India, Bincy moved to Mangalore to pursue her Master of Social Work. There, she was recruited by the nonprofit organization called [Arz](#) (which translates into Life without Injustice) based in Goa, India, that specializes in combating human trafficking. It was there that she developed a passion for helping the victims work through their trauma and rebuild their lives whole again.

