<table>
<thead>
<tr>
<th>Goal</th>
<th>Access</th>
<th>Build</th>
<th>Internalize</th>
<th>Expert learners who are...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purposeful &amp; Motivated</td>
<td>Provide options for Recruiting Interest (7)</td>
<td>Provide options for Sustaining Effort &amp; Persistence (8)</td>
<td>Provide options for Self Regulation (9)</td>
<td>Purposeful &amp; Motivated</td>
</tr>
<tr>
<td>Resourceful &amp; Knowledgeable</td>
<td>Provide options for Perception (1)</td>
<td>Provide options for Language &amp; Symbols (2)</td>
<td>Provide options for Comprehension (3)</td>
<td>Resourceful &amp; Knowledgeable</td>
</tr>
<tr>
<td>Strategic &amp; Goal-Directed</td>
<td>Provide options for Physical Action (4)</td>
<td>Provide options for Expression &amp; Communication (5)</td>
<td>Provide options for Executive Functions (6)</td>
<td>Strategic &amp; Goal-Directed</td>
</tr>
</tbody>
</table>

**Provide options for Recruiting Interest (7)**
- Optimize individual choice and autonomy (7.1)
- Optimize relevance, value, and authenticity (7.2)
- Minimize threats and distractions (7.3)

**Provide options for Perception (1)**
- Offer ways of customizing the display of information (1.1)
- Offer alternatives for auditory information (1.2)
- Offer alternatives for visual information (1.3)

**Provide options for Sustaining Effort & Persistence (8)**
- Heighten salience of goals and objectives (8.1)
- Vary demands and resources to optimize challenge (8.2)
- Foster collaboration and community (8.3)
- Increase mastery-oriented feedback (8.4)

**Provide options for Language & Symbols (2)**
- Clarify vocabulary and symbols (2.1)
- Clarify syntax and structure (2.2)
- Support decoding of text, mathematical notation, and symbols (2.3)
- Promote understanding across languages (2.4)
- Illustrate through multiple media (2.5)

**Provide options for Self Regulation (9)**
- Promote expectations and beliefs that optimize motivation (9.1)
- Facilitate personal coping skills and strategies (9.2)
- Develop self-assessment and reflection (9.3)

**Provide options for Comprehension (3)**
- Activate or supply background knowledge (3.1)
- Highlight patterns, critical features, big ideas, and relationships (3.2)
- Guide information processing and visualization (3.3)
- Maximize transfer and generalization (3.4)

**Provide options for Physical Action (4)**
- Vary the methods for response and navigation (4.1)
- Optimize access to tools and assistive technologies (4.2)

**Provide options for Expression & Communication (5)**
- Use multiple media for communication (5.1)
- Use multiple tools for construction and composition (5.2)
- Build fluencies with graduated levels of support for practice and performance (5.3)

**Provide options for Executive Functions (6)**
- Guide appropriate goal-setting (6.1)
- Support planning and strategy development (6.2)
- Facilitate managing information and resources (6.3)
- Enhance capacity for monitoring progress (6.4)