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UB Recreation Newsletter

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Bulls Team Shop Small Business Saturday Sale

SATURDAY, 11/24 from 12pm-4pm – The Bulls Team Shop will be offering **\$5 Off Every \$25** you spend!

Come watch the Men's Basketball Game vs. Marist at 2pm and get a little holiday shopping checked off of your to-do list. The Bulls are coming off a hot 2017-2018 season and are sure to light up the court again this year. For tickets, visit:

<http://ubbulls.com/tickets/basketball/index>.

The Bulls Team Shop, 130 Alumni Arena, is your one-stop-shop for UB Bulls gear - we have sweatshirts, hats, t-shirts, sweatpants, jerseys and more. We are open Monday-Friday from 11am-8pm and Saturdays from 12pm-4pm.

For more info:

<http://buffalo.edu/recreation/services/bulls-team-shop>.



Student Staff Highlight

Kirti Khardenavis is a student monitor here at Clark Hall majoring in Biotechnology. She has been employed with us for a little over a year. Within that timeframe, she has managed to make her mark by demonstrating exemplary leadership qualities.

Kirti is very enthusiastic about her studies and working here at Clark Hall. She is very dependable and courteous. Whenever you are in a bind, Kirti is one you can always count on for an extra hand!



Kirti Khardenavis
Recreation Student Employee,
Clark Hall

Get to Know: Kirti Khardenavis

Hometown: Nagpur, Maharashtra, India.

What do you enjoy most about working for this department?

The most friendly and understanding co-workers. Working here is fun and I met some really amazing people here.

Besides school, what types of activities or hobbies do you participate in? I am kind of like a jack-of-all-trades. I can sing, cook, draw and even act a little. Starting out as innocent competitions in school, I was privileged to sing on many stages during college events and other cultural occasions. Since primary school, I was always involved in stage-arts. I participated in various school plays, most memorable being the role of Lord Buddha in my 9th grade year. Even after school, I often found myself in staged or street plays. All these experiences definitely had a great impact on who I am today.

What is your favorite food? Anything from scrambled eggs to a proper Indian cuisine.

Any words of wisdom or quotes you carry with you? Remember, hope is a good thing, maybe the best of things, and no good thing ever dies. -Stephen King "The Shawshank Redemption"

Facility Closures

All Recreation Facilities are CLOSED 11/22 & 11/23 for Fall Recess.

Break Hours are in effect 11/21 – 11/25.

Alumni Arena Pool Closures:

- Fri. 11/02 | 1:30pm – Closing
- Sun. 11/11 | Closed All Day
- Thur. 11/22 | Closed All Day
- Fri. 11/23 | Closed All Day

Jogging Track Closures:

- Fri. 11/02 | 5pm – 8:30pm
- Sat. 11/03 | 5pm - Closing

Jogging Track Closures (cont.):

- Sun. 11/04 | Closed All Day
- Tues. 11/06 | 2:30pm - 6:30pm
- Tues. 11/08 | 5:00pm – 8:30pm
- Wed. 11/14 | 5:30pm – 9:30pm
- Wed. 11/21 | 5:30pm – Closing
- Thur. 11/22 | Closed All Day
- Fri. 11/23 | Closed All Day
- Sat. 11/24 | 12:30pm – 4:30pm

come out and play >>>

Intramural Sports Update

The Intramural season is fully underway! Almost every intramural sport has been a popular hit amongst participants. However, there are always a few intramurals that are at full capacity each and every time!

This semester, basketball, soccer and flag football were some of the big draws. The intramural officials and participants have put so much effort into making these activities a success for everyone and this semester is no different!



Intramural Basketball Action Shot

We have 218 teams vying for 11 Intramural Championship Titles. As we approach playoffs we still have a number of undefeated teams. It's setting up for highly anticipated matchups in the upcoming playoffs! Flag Football is Monday and Tuesday from 8:30-11:30pm at UB Stadium, Volleyball is Tuesday and Thursday from 8-11:30pm on the Main Arena Floor at Alumni Arena and Floor Hockey is 8-10pm on Wednesday in Clark Hall's Main Gym on South! Basketball playoffs are also approaching. Come out and see our athletes perform!

<<< give thanks

THANKSGIVING {MAD LIB}

FROM A KID'S POINT OF VIEW....

Today we are celebrating _____ dinner
HOLIDAY
 at _____ 's house. When we arrived, my
PERSON
 _____ greeted us with a big, _____
FAMILY RELATION ADJECTIVE
 kiss. Kisses are so _____! Now we're just
ADJECTIVE
 waiting for the _____ to come out of the oven.
ANIMAL
 My dad is watching _____ on TV. He always
SPORT
 shouts, " _____ " when his team scores
EXCLAMATION
 a _____ . Yesss!! Only _____ more minutes
NOUN NUMBER
 until the _____ will be ready to eat. I wonder
ANIMAL
 if my mom will let me try the _____ first. My
FOOD
 grandma makes the best _____ pie! It smells
FLAVOR
 like _____ . {Much better than my _____,
NOUN FAMILY RELATION
 He/she smells like _____ !}
NOUN
 Happy _____ !
HOLIDAY



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Have a Safe Thanksgiving

Remember TURKEY!

- Thaw turkey at safe temperature – 40°F or below.
- Use extreme caution when frying a turkey and use oil-free fryers if possible.
- Remember to clean all cooking surfaces regularly.
- Keep children away from hot foods, surfaces and kitchen utensils.
- Ensure turkey is cooked and has reached a minimum temperature of 165°F.
- Your smoke detector should be tested prior to cooking.

