

LUNCH MENU



UB Child Care Center

Winter/Spring 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
I	Chicken Fingers Mac & Cheese ♦Veggie Burger Broccoli Honey Dew Milk*	Soft Tacos w/ Ground Turkey ♦Refried Beans Shredded Cheddar Cheese, ***Corn Chopped Lettuce/ Diced Tomato Pineapple Chunks Milk*	Veggie Burger w/ Whole Wheat Roll Sweet Potato Tots Apples Milk*	Grilled Cheese Sandwich (Provolone Cheese) Tomato Soup Peas & Carrots Bananas Milk*	Elbow Macaroni Meatballs ♦Plain Sauce ♦Vegetarian (Soy) Meatballs Shredded Parmesan ***Green Leaf Salad w/ Balsamic Vinaigrette Pears Milk*
II	Scrambled Eggs Yogurt Pancakes ***Tomato Slices Honey Dew Milk*	Chicken w/ Hummus Grilled Pita Feta Cheese ***Chopped Lettuce/ Diced Tomato Greek Dressing Oranges Milk*	Lentil Soup w/ Whole Wheat Croutons Shredded Parmesan Cheese Diced Carrots Pears Milk*	Sloppy Joes w/ Whole Wheat Roll ♦Vegetarian (Soy) Meatballs w/ Sauce Cauliflower Apples Milk*	Chicken BBQ Sauce (on the side) Brown Rice w/ Red Beans Peas Bananas Milk*
III	Elbow Macaroni Meat Sauce ♦Plain Sauce ♦Vegetarian (Soy) Meatballs Shredded Parmesan ***Green Leaf Salad w/ Balsamic Vinaigrette Cantaloupe Milk*	Chicken Fingers Couscous ♦Veggie Burger Green Beans Oranges Milk*	Soft Tacos w/ Refried Beans Shredded Cheddar Cheese, ***Corn Chopped Lettuce/ Diced Tomato Pineapple Chunks Milk*	Cheese Pizza Black Olives (on the side) Broccoli Apples Milk*	Hot Turkey w/ Cornbread Stuffing Gravy (on the side) ♦Veggie Burger Mashed Potatoes Pears Milk*
IV	Grilled Cheese Sandwich (Cheddar Cheese) Tomato Soup ***Mixed Veggies Apples Milk*	Bean & Cheese Quesadilla ♦Bean Quesadilla Mini Corn Muffins ***Sweet Red Pepper Slices Pears Milk*	Salmon Patties Brown Rice ♦Veggie Burgers Green Beans Honey Dew Milk*	Sun-butter and Jelly Sandwich *Cheese Sandwich Broccoli Oranges Milk*	Veggie Lasagna w/ Whole Wheat Roll ***Cucumber Slices Bananas Milk*

*Milk served is whole, non-fat, or soy.

All meat products are chicken or turkey. Sandwiches served on wheat bread.

♦ indicates vegetarian alternative

* Cheese sandwiches for Infants (12mo+)

UBCCC is an Equal Opportunity Provider

*** Cooked Vegetables for Infants (12mo+)