

Breakfast & Snack Menu



Winter/Spring 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p><i>Breakfast</i> Cereal: Cheerios, Corn Flakes Pears Milk*</p> <p><i>Snack</i> Fig Newtons Apples Water</p>	<p><i>Breakfast</i> English Muffins Oranges Milk*</p> <p><i>Snack</i> Yogurt Canned Pears Water</p>	<p><i>Breakfast</i> Wheat Toast Bananas Milk*</p> <p><i>Snack</i> Wheat Crackers Cheese Sticks Water</p>	<p><i>Breakfast</i> Breakfast Parfait (Yogurt, Canned Peaches, Cheerios, sprinkled in) Milk*</p> <p><i>Snack</i> Zucchini sticks & Yellow/Red Pepper Slices W/ Hummus Assorted Crackers Water</p>	<p><i>Breakfast</i> French Toast Sticks Oranges Milk*</p> <p><i>Snack</i> Pita Bread Sun-butter Bananas Water</p>
II	<p><i>Breakfast</i> Cereal: Rice Krispies, Kix Apples Milk*</p> <p><i>Snack</i> Cheez-It Crakers Sunny Citrus Salad Water</p>	<p><i>Breakfast</i> Bagels w/ Sun-Butter Bananas Milk*</p> <p><i>Snack</i> Tortilla Chips & Salsa Pears Water</p>	<p><i>Breakfast</i> Yogurt Cheerios (sprinkled in) Canned Pears Milk*</p> <p><i>Snack</i> Apple Cinnamon Muffins Oranges Water</p>	<p><i>Breakfast</i> Plain Oatmeal (w/ Raisins and Cinnamon) Pears Milk*</p> <p><i>Snack</i> Goldfish Crackers Bananas Water</p>	<p><i>Breakfast</i> Pancakes Bananas Milk*</p> <p><i>Snack</i> Cottage Cheese Canned Peaches Water</p>
III	<p><i>Breakfast</i> Cereal : Corn Flakes, Kix Bananas Milk*</p> <p><i>Snack</i> Yogurt Applesauce Water</p>	<p><i>Breakfast</i> Grits Apples Milk*</p> <p><i>Snack</i> Cucumber Sticks & Tomato Wedges & Hummus Assorted Crackers Water</p>	<p><i>Breakfast</i> English Muffins Pears Milk*</p> <p><i>Snack</i> Tortilla Chips & Salsa Crackers Water</p>	<p><i>Breakfast</i> Raisin Bread Oranges Milk*</p> <p><i>Snack</i> Rice Cakes Sun-butter Apples Water</p>	<p><i>Breakfast</i> Yogurt Cheerios (sprinkled in) Apples Milk*</p> <p><i>Snack</i> Graham Crackers Pears Water</p>
IV	<p><i>Breakfast</i> Yogurt Cheerios (sprinkled in) Pears Milk*</p> <p><i>Snack</i> Hummus Crackers Water</p>	<p><i>Breakfast</i> Pancakes Bananas Milk*</p> <p><i>Snack</i> Cheese Sticks Crackers Water</p>	<p><i>Breakfast</i> Plain Oatmeal (w/ Raisins and Cinnamon) Oranges Milk*</p> <p><i>Snack</i> Blueberry Muffins Apples Water</p>	<p><i>Breakfast</i> Waffles Bananas Milk*</p> <p><i>Snack</i> Cottage Cheese Canned Peaches Water</p>	<p><i>Breakfast</i> Wheat Toast Pears Milk*</p> <p><i>Snack</i> Goldfish Crackers Apples Water</p>

*Milk served is Whole, Non-fat, or Soy

UBCCC is an Equal Opportunity Provider

**Juice is not served for any meals