

# Breakfast & Snack Menu



Summer/Fall 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p><b>Breakfast</b> Cereal: Cheerios, Corn Flakes Pears Milk*</p> <p><b>Snack</b> Goldfish Crackers Apples Water</p>	<p><b>Breakfast</b> Whole Wheat English Muffins Oranges Milk*</p> <p><b>Snack</b> Yogurt Canned Pears Water</p>	<p><b>Breakfast</b> Cream of Wheat Bananas Milk*</p> <p><b>Snack</b> Wheat Crackers Cheese Sticks Water</p>	<p><b>Breakfast</b> Breakfast Parfait (Yogurt, Canned Peaches, Cheerios, sprinkled in) Milk*</p> <p><b>Snack</b> Zucchini sticks &amp; Yellow/Red Pepper Slices W/ Hummus Assorted Crackers Water</p>	<p><b>Breakfast</b> Whole Wheat Toast Oranges Milk*</p> <p><b>Snack</b> Whole Wheat Pita Bread Sun-butter Bananas Water</p>
II	<p><b>Breakfast</b> Cereal: Rice Krispies, Kix Apples Milk*</p> <p><b>Snack</b> Whole Wheat Triscuits Sunny Citrus Salad Water</p>	<p><b>Breakfast</b> Whole Wheat Bagels Bananas Milk*</p> <p><b>Snack</b> Sun-Butter Apple Slices Water</p>	<p><b>Breakfast</b> Yogurt Cheerios (sprinkled in) Canned Pears Milk*</p> <p><b>Snack</b> Whole Wheat Soft Tortillas Salsa Pears Water</p>	<p><b>Breakfast</b> Plain Oatmeal (w/ Raisins and Cinnamon) Pears Milk*</p> <p><b>Snack</b> Goldfish Crackers Bananas Water</p>	<p><b>Breakfast</b> Whole Wheat Toast Bananas Milk*</p> <p><b>Snack</b> Cottage Cheese Canned Peaches Water</p>
III	<p><b>Breakfast</b> Cereal : Corn Flakes, Kix Bananas Milk*</p> <p><b>Snack</b> Yogurt Canned Pears Water</p>	<p><b>Breakfast</b> Whole Wheat Toast Hard-Boiled Eggs Apples Milk*</p> <p><b>Snack</b> Whole Wheat Soft Tortillas Salsa Crackers Water</p>	<p><b>Breakfast</b> Whole Wheat English Muffins Pears Milk*</p> <p><b>Snack</b> Cucumber Sticks &amp; Tomato Wedges &amp; Hummus Assorted Crackers Water</p>	<p><b>Breakfast</b> Cream of Wheat Oranges Milk*</p> <p><b>Snack</b> Whole Grain Soft Pretzels Bananas Water</p>	<p><b>Breakfast</b> Yogurt Cheerios (sprinkled in) Apples Milk*</p> <p><b>Snack</b> Goldfish Crackers Applesauce Water</p>
IV	<p><b>Breakfast</b> Yogurt Cheerios (sprinkled in) Pears Milk*</p> <p><b>Snack</b> Hummus Crackers Water</p>	<p><b>Breakfast</b> Cereal: Cheerios, Kix Bananas Milk*</p> <p><b>Snack</b> Cheese Sticks Crackers Water</p>	<p><b>Breakfast</b> Whole Wheat Toast Hard-Boiled Eggs Oranges Milk*</p> <p><b>Snack</b> Cottage Cheese Canned Peaches Water</p>	<p><b>Breakfast</b> Whole Wheat Bagels Bananas Milk*</p> <p><b>Snack</b> Whole Wheat Pita Bread Black Bean Dip Water</p>	<p><b>Breakfast</b> Plain Oatmeal (w/ Raisins and Cinnamon) Pears Milk*</p> <p><b>Snack</b> Goldfish Crackers Oranges Water</p>

\*Milk served is Whole, Non-fat, or Soy

\*\*UBCCC is an Equal Opportunity Provider\*\*

\*\*Juice is not served for any meals