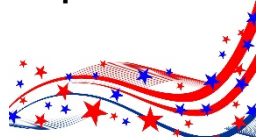


LUNCH MENU



UB Child Care Center

Summer Camp 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Fingers Whole Wheat Pasta Salad, Balsamic Vinaigrette, Cannellini Beans & Broccoli Bananas Milk*	Soft Tacos (ground turkey) w/ Black Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce/Salsa Pineapple Chunks Milk*	Sun-butter & Jelly Sandwich on Whole Wheat Bread Peas & Carrots Apples Milk*	Turkey Burger ♦Veggie Burger w/ Whole Wheat Roll Sweet Potato Fries Watermelon Milk*	Whole Wheat Macaroni Meat Sauce ♦Plain Sauce & Soy Meatballs Shredded Parmesan Italian Green Beans Pears Milk*
Week 2	Scrambled Eggs ♦Vegetarian Baked Beans Whole Grain Pancakes Roasted Red Potatoes Applesauce Milk*	Chicken ♦Black Beans Brown Rice Vegetable Stir Fry Tropical Fruit Salad (canned) Milk*	Wednesday 7/3/19: (off-site field trip) **bring a bagged lunch	CENTER CLOSED for Independence Day 	Sloppy Joes (ground turkey) Whole Wheat Roll ♦Vegetarian (Soy) Meatballs ♦Plain Sauce Cauliflower Watermelon Milk*
Week 3	Cheese Pizza on Whole Grain Crust Black Olives (on the side) Broccoli Oranges Milk*	Veggie Chicken Nuggets Mac & Cheese Sweet Tater Tots Pears Milk*	Soft Tacos (ground turkey) w/ Black Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce/Salsa Pineapple Chunks Milk*	Thursday 7/11/19: (off-site field trip) **bring a bagged lunch	Whole Grain Veggie Lasagna Italian Green Beans Watermelon Milk*
Week 4	Bean & Cheese Quesadilla Cauliflower Pineapples Milk*	Whole Wheat Macaroni w/ Lentil Bolognese Shredded Parmesan Broccoli Oranges Milk*	Wednesday 7/17/19: (off-site field trip) **bring a bagged lunch	Sun-butter & Jelly Sandwich on Whole Wheat Bread Peas & Carrots Bananas Milk*	Chicken w/ Feta Cheese Whole Wheat Grilled Pita ***Chopped Lettuce/ Diced Tomato Greek Dressing Pears Milk*

*Milk served is whole, non-fat, or soy.

All meat products are chicken or turkey. Sandwiches served on wheat bread.

♦ indicates vegetarian alternative

UBCCC is an Equal Opportunity Provider

*** Cooked Vegetables for Infants (12mo+)

LUNCH MENU



UB Child Care Center

Summer Camp 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5	Chicken Fingers Whole Wheat Pasta Salad, Balsamic Vinaigrette, Cannellini Beans & Broccoli Bananas Milk*	Soft Tacos (ground turkey) w/ Black Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce/Salsa Pineapple Chunks Milk*	Sun-butter & Jelly Sandwich on Whole Wheat Bread Peas & Carrots Apples Milk*	Thursday 7/25/19: (off-site field trip) **bring a bagged lunch	Whole Wheat Macaroni Meat Sauce ♦ Plain Sauce & Soy Meatballs Shredded Parmesan Italian Green Beans Pears Milk*
Week 6	Scrambled Eggs ♦ Vegetarian Baked Beans Whole Grain Pancakes Roasted Red Potatoes Applesauce Milk*	Chicken ♦ Black Beans Brown Rice Vegetable Stir Fry Tropical Fruit Salad (canned) Milk*	Wednesday 7/31/19: (off-site field trip) **bring a bagged lunch	Tuna Pasta Casserole Peas Oranges Milk*	Sloppy Joes (ground turkey) Whole Wheat Roll ♦ Vegetarian (Soy) Meatballs ♦ Plain Sauce Cauliflower Watermelon Milk*
Week 7	Cheese Pizza on Whole Grain Crust Black Olives (on the side) Broccoli Oranges Milk*	Veggie Chicken Nuggets Mac & Cheese Sweet Tater Tots Pears Milk*	Soft Tacos (ground turkey) w/ Black Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce/Salsa Pineapple Chunks Milk*	Thursday 8/8/19: (off-site field trip) **bring a bagged lunch	Whole Grain Veggie Lasagna Italian Green Beans Watermelon Milk*
Week 8	Bean & Cheese Quesadilla Cauliflower Pineapples Milk*	Whole Wheat Macaroni w/ Lentil Bolognese Shredded Parmesan Broccoli Oranges Milk*	Wednesday 8/14/19: (off-site field trip) **bring a bagged lunch	Sun-butter & Jelly Sandwich on Whole Wheat Bread Peas & Carrots Bananas Milk*	Chicken w/ Feta Cheese Whole Wheat Grilled Pita *** Chopped Lettuce/ Diced Tomato Greek Dressing Pears Milk*

*Milk served is whole, non-fat, or soy.

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LUNCH MENU



UB Child Care Center

Summer Camp 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 9	Chicken Fingers Whole Wheat Pasta Salad, Balsamic Vinaigrette, Cannellini Beans & Broccoli Bananas Milk*	Soft Tacos (ground turkey) w/ Black Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce/Salsa Pineapple Chunks Milk*	Sun-butter & Jelly Sandwich on Whole Wheat Bread Peas & Carrots Apples Milk*	Thursday 8/22/19: (off-site field trip) **bring a bagged lunch	Whole Wheat Macaroni Meat Sauce ♦ Plain Sauce & Soy Meatballs Shredded Parmesan Italian Green Beans Pears Milk*
Week 10	Scrambled Eggs ♦ Vegetarian Baked Beans Whole Grain Pancakes Roasted Red Potatoes Applesauce Milk*	Chicken ♦ Black Beans Brown Rice Vegetable Stir Fry Tropical Fruit Salad (canned) Milk*	Cheese Mushroom Pizza on Whole Grain Crust Broccoli Bananas Milk*	Thursday 8/29/19: (off-site field trip) **bring a bagged lunch	Sloppy Joes (ground turkey) Whole Wheat Roll ♦ Vegetarian (Soy) Meatballs ♦ Plain Sauce Cauliflower Watermelon Milk*

*Milk served is whole, non-fat, or soy.

All meat products are chicken or turkey. Sandwiches served on wheat bread.

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