

Infant Breakfast/Snack Menu (over 1 year)



Fall/Winter 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p>Breakfast Cereal: Cheerios Apples Whole Milk</p> <p>Snack Assorted Crackers Hummus Water</p>	<p>Breakfast Raisin Bread Mandarin Oranges Whole Milk</p> <p>Snack Yogurt Canned Pears Water</p>	<p>Breakfast Cream of Wheat (w/ Raisins and Cinnamon) Bananas Whole Milk</p> <p>Snack Cucumber Sticks Mozzarella Cheese Sticks Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Canned Peaches Whole Milk</p> <p>Snack Graham Crackers Bananas Water</p>	<p>Breakfast Whole Wheat English Muffins Hard-Boiled Eggs Frozen Strawberries Whole Milk</p> <p>Snack Whole Grain Goldfish Crackers Applesauce Water</p>
II	<p>Breakfast Cereal: Cheerios Mandarin Oranges Whole Milk</p> <p>Snack Yogurt Canned Peaches Water</p>	<p>Breakfast Whole Wheat Bagels Apples Whole Milk</p> <p>Snack Whole Wheat Pita Bread Hummus Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Frozen Strawberries Whole Milk</p> <p>Snack Graham Crackers Frozen Mangos Water</p>	<p>Breakfast Plain Oatmeal (w/ Raisins and Cinnamon) Apples Whole Milk</p> <p>Snack Whole Grain Goldfish Crackers Bananas Water</p>	<p>Breakfast Whole Wheat Toast Hard-Boiled Eggs Canned Peaches Whole Milk</p> <p>Snack Mozzarella Cheese Sticks Tomato Slices Water</p>
III	<p>Breakfast Cereal: Cheerios Bananas Whole Milk</p> <p>Snack Cucumber Sticks Hummus Water</p>	<p>Breakfast Whole Wheat English Muffins Hard-Boiled Eggs Frozen Strawberries Whole Milk</p> <p>Snack Yogurt Canned Pears Water</p>	<p>Breakfast Cream of Wheat (w/ Raisins and Cinnamon) Pears Whole Milk</p> <p>Snack Apples Sun-butter Water</p>	<p>Breakfast Raisin Bread Mandarin Oranges Whole Milk</p> <p>Snack Graham Crackers Frozen Mangos Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Canned Peaches Whole Milk</p> <p>Snack Whole Grain Goldfish Crackers Applesauce Water</p>
IV	<p>Breakfast Cereal: Cheerios Frozen Mangos Whole Milk</p> <p>Snack Yogurt Canned Peaches Water</p>	<p>Breakfast Whole Wheat Bagels Bananas Whole Milk</p> <p>Snack Mozzarella Cheese Sticks Tomato Slices Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Canned Pears Milk*</p> <p>Snack Sun-butter Whole Wheat Pita Bread Water</p>	<p>Breakfast Whole Wheat Toast Hard-Boiled Eggs Mandarin Oranges Milk*</p> <p>Snack Goldfish Crackers Apples Water</p>	<p>Breakfast Plain Oatmeal Cinnamon Applesauce Whole Milk</p> <p>Snack Whole Wheat Pita Bread Hummus Water</p>

****UBCCC is an Equal Opportunity Provider****

UBCCC infant rooms offer the following baby foods during your child's stay at the center:

Cereal: Commercially prepared, iron fortified, dry baby cereal that is mixed with water (unless specified otherwise). We use oatmeal and rice varieties.

Jar Food: Commercially prepared jar baby foods. We offer carrots, peas, squash and sweet potatoes for the vegetable component. We offer applesauce, peaches, pears, and bananas for the fruit component.

Snack Foods: Cheerios, Saltine Crackers, Goldfish Crackers and Graham Crackers are some of the snack foods we offer the infants when they are developmentally ready to eat them.

Formula: UBCCC provides Gerber Good Start Iron Fortified Formula



UB Child Care Center