

Breakfast & Snack Menu



Fall/Winter 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p>Breakfast Cereal: Cheerios, Life Apples Milk*</p> <p>Snack Carrot Sticks Hummus Water</p>	<p>Breakfast Raisin Bread Oranges Milk*</p> <p>Snack Yogurt Canned Pears Water</p>	<p>Breakfast Cream of Wheat (w/ Raisins and Cinnamon) Bananas Milk*</p> <p>Snack Cucumber Sticks Mozzarella Cheese Sticks Water</p>	<p>Breakfast Breakfast Parfait (Yogurt, Canned Peaches, Cheerios, sprinkled in) Milk*</p> <p>Snack Graham Crackers Bananas Water</p>	<p>Breakfast Whole Wheat English Muffins Hard-Boiled Eggs Oranges Milk*</p> <p>Snack Whole Grain Goldfish Crackers Apples Water</p>
II	<p>Breakfast Cereal: Cheerios, Life Oranges Milk*</p> <p>Snack Yogurt Canned Peaches Water</p>	<p>Breakfast Whole Wheat Bagels Apples Milk*</p> <p>Snack Broccoli Florets w/ Hummus Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Frozen Strawberries Milk*</p> <p>Snack Graham Crackers Pears Water</p>	<p>Breakfast Plain Oatmeal (w/ Raisins and Cinnamon) Apples Milk*</p> <p>Snack Whole Grain Goldfish Crackers Bananas Water</p>	<p>Breakfast Whole Wheat Toast Hard-Boiled Eggs Pears Milk*</p> <p>Snack Mozzarella Cheese Sticks Tomato Slices Water</p>
III	<p>Breakfast Cereal: Cheerios, Life Bananas Milk*</p> <p>Snack Cucumber Sticks Hummus Water</p>	<p>Breakfast Whole Wheat English Muffins Hard-Boiled Eggs Apples Milk*</p> <p>Snack Yogurt Canned Pears Water</p>	<p>Breakfast Cream of Wheat (w/ Raisins and Cinnamon) Pears Milk*</p> <p>Snack Apples Sun-butter Water</p>	<p>Breakfast Raisin Bread Oranges Milk*</p> <p>Snack Sliced Red Peppers w/ Hummus Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Canned Peaches Milk*</p> <p>Snack Graham Crackers Apples Water</p>
IV	<p>Breakfast Cereal: Cheerios, Life Pears Milk*</p> <p>Snack Yogurt Canned Peaches Water</p>	<p>Breakfast Whole Wheat Bagels Bananas Milk*</p> <p>Snack Mozzarella Cheese Sticks Tomato Slices Water</p>	<p>Breakfast Yogurt Cheerios (sprinkled in) Canned Peaches Milk*</p> <p>Snack Sun-butter Whole Wheat Pita Bread Water</p>	<p>Breakfast Whole Wheat Toast Hard-Boiled Eggs Pears Milk*</p> <p>Snack Goldfish Crackers Apples Water</p>	<p>Breakfast Plain Oatmeal Cinnamon Applesauce Milk*</p> <p>Snack Broccoli Florets w/ Hummus Water</p>

*Milk served is Whole, Non-fat, or Soy

UBCCC is an Equal Opportunity Provider

**Juice is not served for any meals