

Research on Aging: People, Policy, and Practice

A new series of conversations on aging-related issues focusing on a strengths approach to later life. On Thursday afternoons, we will meet to hear about new and ongoing research, promising strategies, and opportunities for collaboration. This series is open to the public and is designed for researchers, service providers, community advocates, and others.

“New Approaches for Fall Prevention in Older Adults”

Machiko Tomita, PhD

Clinical Professor, Department of Rehabilitation Science, and
Director, Aging and Technology Research Center,
School of Public Health and Health Professions, University at Buffalo

Drawing from her NIH-funded research project, “Virtual-Exercise at Home in older adults at risk of falling,” Dr. Tomita will share her results on internet-based exercise, functional exercise, and home hazard removal as ways of preventing falls in older adults. This project was chosen as one of 24 most significant aging research projects in North America by the journal *International Innovation*.

Thursday, April 30, 2015 • 3:00 - 4:30 pm

214 Parker Hall, University at Buffalo, South Campus

Free parking in Parker Lot, access from Winspear Ave

RSVP to Laura Mangan at CEPPrsvp@buffalo.edu or call 645-5376



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