



HAVE BRIEF INTERVENTIONS BECOME TOO...

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*Slides by Mitch Earleywine, Ph.D.

A large, circular red button with a black, glossy border is centered on a light yellow background with a faint grid pattern. To the left of the button is a vertical blue bar with white, wavy, abstract lines. The button has a slight 3D effect with highlights and shadows.

Push Me
To quit drinking

Brief Interventions

- A history
- 🔊 The push for brevity
- Arguing from the null
- Multiple, unrepeated DVs
- Problems vs. Consumption
- Do small effects mean large differences?
- Abelson's Paradox

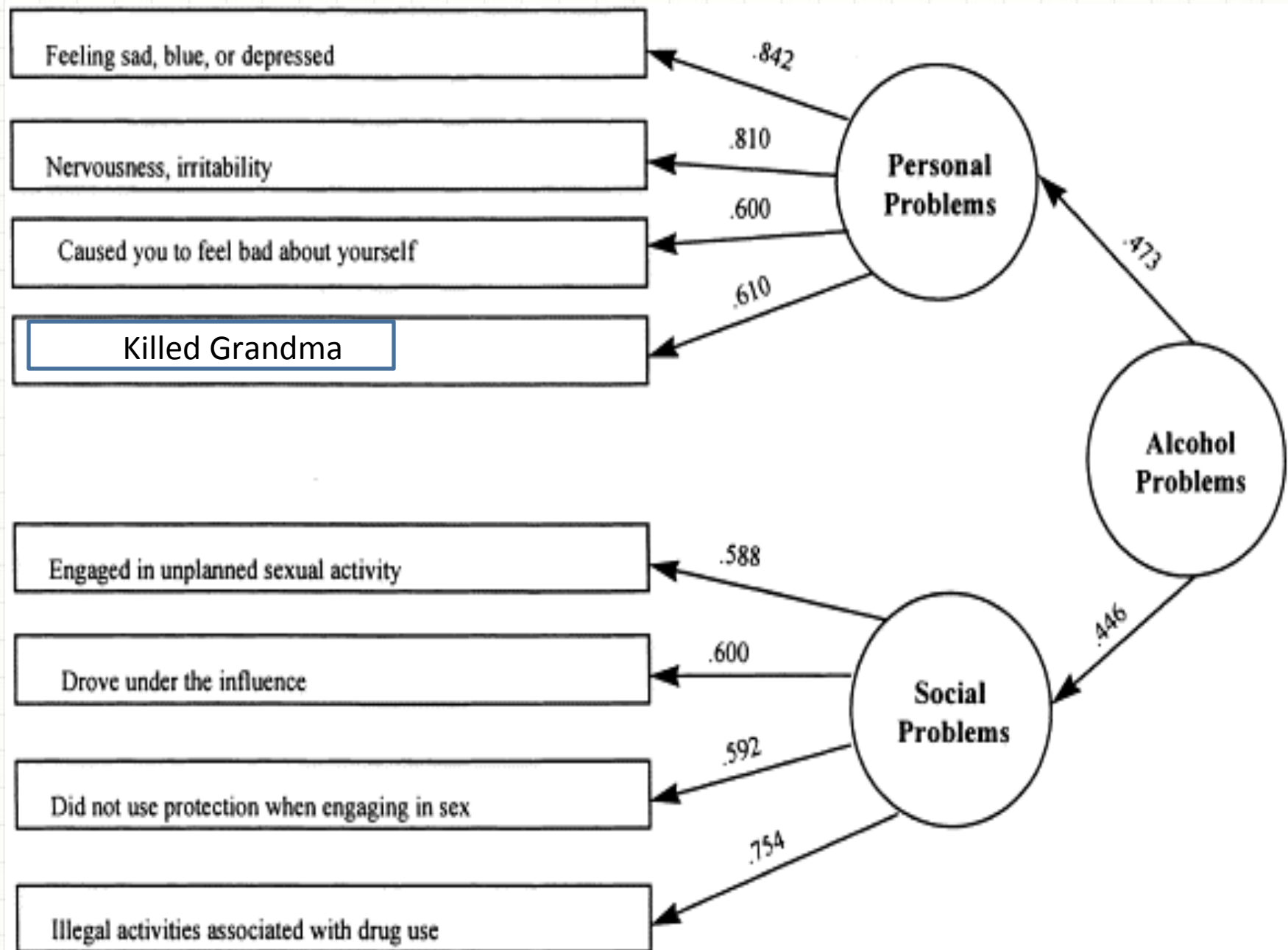
Effect Sizes

\neq drinks or
problems

Drank less, $d = .17$
(Carey et al., 2012)

How
many
beers is
that?





Are problems really interval?



Quit drinking

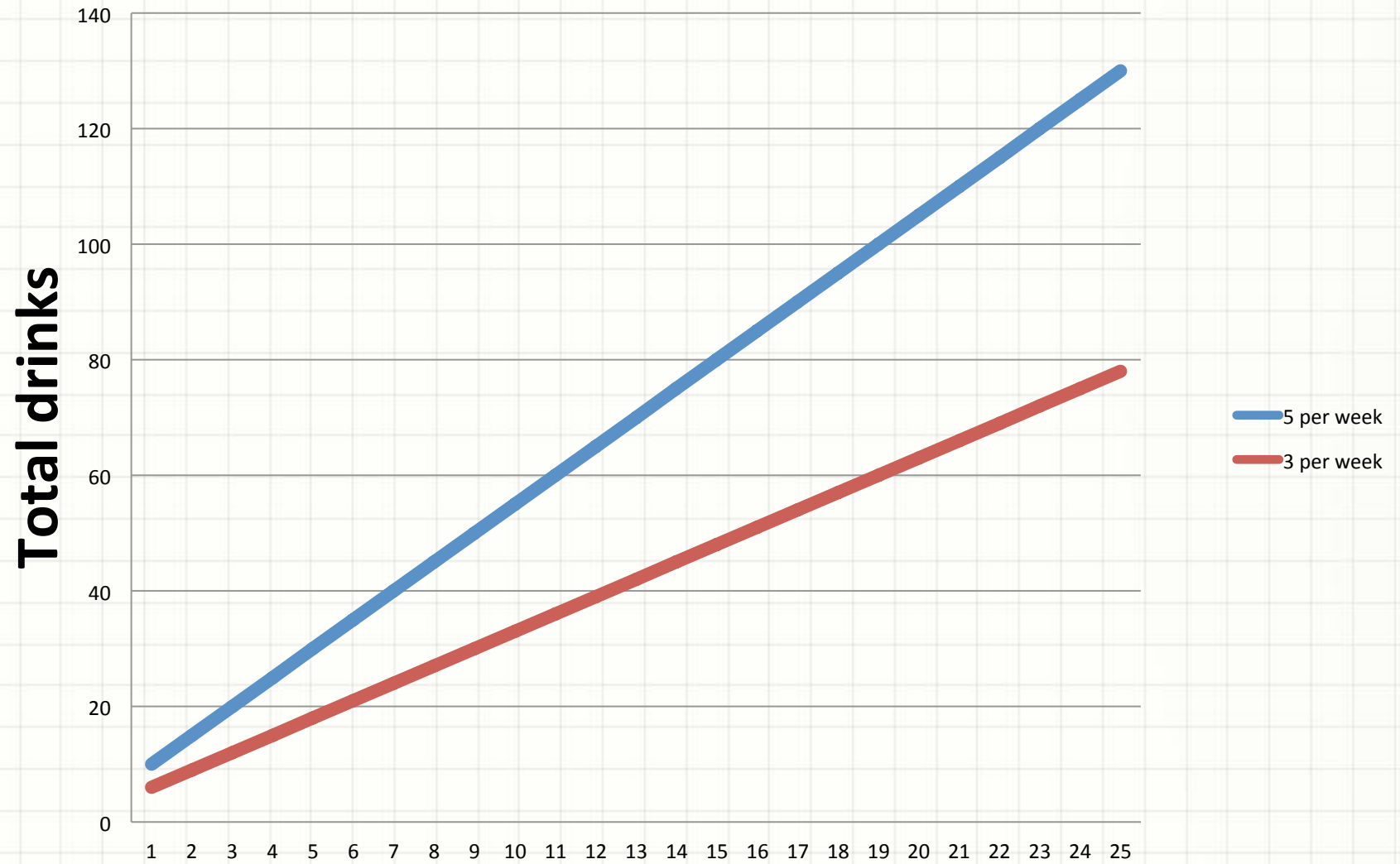
NULL?

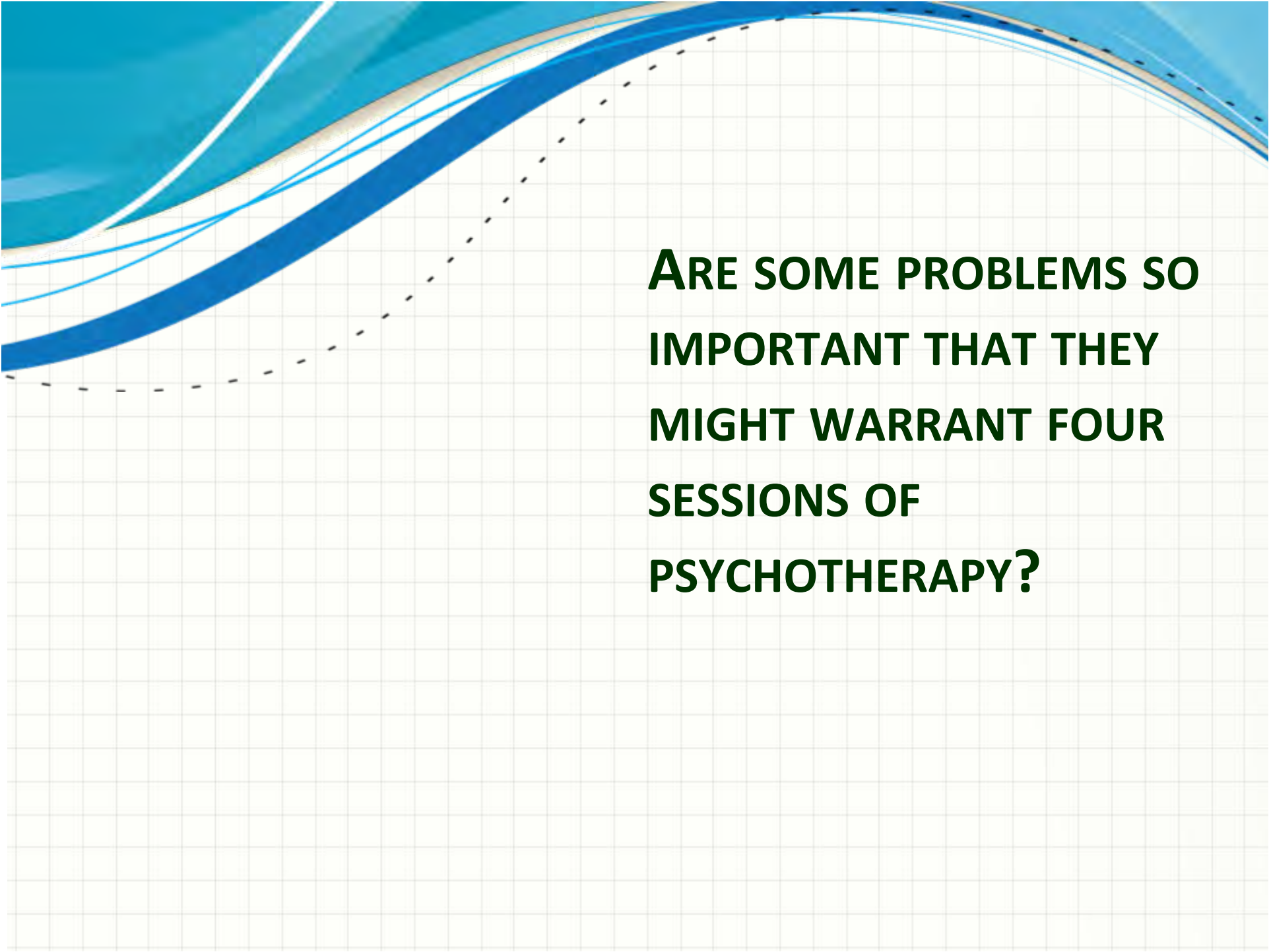




ABELSON'S PARADOX: ASSUMING EFFECTS STICK

Total Drinks Across Weeks





**ARE SOME PROBLEMS SO
IMPORTANT THAT THEY
MIGHT WARRANT FOUR
SESSIONS OF
PSYCHOTHERAPY?**



**WHAT DO FOLLOW-
UPS REVEAL?**