

## Fat? Get 'moving'

By TODD VENEZIA Last Updated: 8:02 AM, July 9, 2010 Posted: 4:01 AM, July 9, 2010

Women looking to lose weight may not need to diet -- they just need to move.

A new study has found that living near a restaurant increases a woman's chances of being fat.

The research, by the University of Buffalo, found the greater the number of eateries near a woman's home, the greater her body mass index will likely be.

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