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Possible Link Between Asthma And Depression

In health nows..There is now a link between asthma and depression. The more depressed an asthmatic person becomes, the more stressed their breathing. A new study out in the "journal of allergy and clinical immunology" details the research. Doctors from the university of buffalo school of medicine and biomedical sciences studied ninety children from ages seven to seventeen. The doctors found that depressed children with asthma are more likely to exhibit irregularities of the autonomic nervous system along with increased airway compromise.



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