

News

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Life's best and worst moments "occur in social relationships"

Washington, Aug 27 (PTI) An individual's best and worst experiences in life occur within social relationships, says a new research.

An international team has found that a person's best and worst experiences in life are likely to involve not individual accomplishments, but interaction with other people and the fulfillment of an urge for social connection.

Shira Gabriel, who led the research at the University of Buffalo, said: "Most of us spend much of our time and effort focused on individual achievements such as work, hobbies and schooling.

"However this research suggests that the events that end up being most important in our lives, the events that bring us the most happiness and also carry the potential for the most pain, are social events -- moments of connecting to others and feeling their connections to us."

According to the researchers, much research in social psychology has explicitly or implicitly implied that events experienced independent of other individuals are central to explaining our most intense emotional experiences.

"We found, however, that it was not independent events or individual achievements like winning awards or completing tasks that affected participants the most, but the moments when close relationships began or ended; when people fell in love or found a new friend; when a loved one died or broke their hearts.

"In short, it was the moments of connecting to others that that touched peoples" lives the most," Gabriel said.

(MORE) PTI MOT

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Lahore: Lawyers defending LeT commander Zakiur Rehman Lakhvi and six others charged with involvement in the Mumbai attacks have said that none of them will go to India as part of a proposed commission to record the testimony of key witnesses, including surviving attacker Ajmal Kasab.



[US pastor who vowed to burn Quran billed \\$180,000](#)

New York: The pastor of a Florida church who threatened to burn the Quran on the 9/11 anniversary to protest the 2001 terror attacks in the US, has been hit with a whopping \$180,000 bill as cost of security cover for his stunt. The city of Gainesville, Florida, plans to send a bill estimated at more than \$180,000 to pastor Terry Jones for security costs, CNN has reported.



[For polls, Obama banks on black magic](#)

Washington: President Barack Obama implored black voters to restoke the passion they felt for his groundbreaking campaign two years ago and turn out in force this fall to repel Republicans who are ready to "turn back the clock."



[Jama Masjid attack: US, NZ & Oz issue security advisory](#)

New Delhi: With the shooting near the historic Jama Masjid Sunday morning renewing security concerns about the Oct 3-14 Commonwealth Games, the US issued an advisory to its citizens in India asking them to "maintain a heightened situational awareness". Soon after, the Australian government on Monday warned of a "high risk of terrorist attack in New Delhi", even as it updated its travel advice for its nationals in the wake of the firing on tourists outside Jama Masjid Mosque in the Indian capital.



[LeT using Lanka to attack India](#)

Washington: Days after it was revealed that German Bakery blast-accused Mirza Himayat Baig allegedly met his Lashkar-e-Toiba contact in Sri Lanka to avoid detection, US agencies have passed on intelligence inputs to India that the LeT already has some 200 cadres present in the island nation who plan to use the country as a "staging ground" to enter India.