

Yahoo! My Yahoo! Mail More Get Yahoo! Toolbar Hi, Christine Sign Out Help

YAHOO! HEALTH Search **WEB SEARCH**

HOME **DRUGS** HEALTH NEWS

EVERYDAY WELLNESS DIET & FITNESS MIND & MOOD LONGEVITY CONDITIONS & DISEASES

SEARCH YAHOO! HEALTH FOR:

Search Health

Site Map

Health Home > News > Sad, stressful events may worsen kids' asthma

Sad, stressful events may worsen kids' asthma

By Joene Hendry - Tue Aug 18, 11:34 AM PDT



NEW YORK (Reuters Health) - When asthma and symptoms of depression coexist in kids, asthma may become worse, study findings suggest.



Living Well: Diaphragmatic Breathing

RELATED ARTICLES

- [Experts question study's asthma drug safety claim \(Reuters\)](#)
- [Antibiotics Being Prescribed Less for Respiratory Infections \(HealthDay\)](#)
- [Living Well: Diaphragmatic Breathing](#)

ALL RELATED ARTICLES »

RESPIRATORY HOME »

RELATED TOPICS

- [Asthma](#)
- [Allergy](#)
- [Cold & Flu](#)

Did you find this helpful?

Be the first to rate!

Not yet rated

Researchers studied the breathing patterns of 90 asthmatic 7- to 17-year-old boys and girls before and after they watched scenes from the movie ET: The Extraterrestrial. Half of the kids had symptoms of depression, in addition to asthma, while the other half did not.

The children with both asthma and symptoms of depression were more likely to show greater airway resistance after watching troubling scenes from the movie, Dr. Bruce D. Miller, at State University of New York at Buffalo, and colleagues found.

Airway resistance, an indicator of worsening asthma, is akin to "blowing through a straw with a narrow opening," as opposed to a larger opening, Miller explained in a telephone interview with Reuters Health.

The asthmatic kids with symptoms of depression consistently showed breathing patterns indicative of worsening asthma after watching distressing scenes in the movie. Distressed breathing was most pronounced during scenes of family distress, loss, and death.

By contrast, Miller's team reports in the Journal of Allergy and Clinical Immunology, breathing patterns "considered typical and adaptive in response to emotional stress," among kids without symptoms of depression.

Miller cautions parents of children with asthma to be aware of the possibility that stressful or emotionally troubling events may lead to worsening asthma episodes.

SOURCE: Journal of Allergy and Clinical Immunology, July 2009.

ADVERTISEMENT

valtrex.com



Save up to \$30
on prescription
VALTREX*

VALTREX®
(valacyclovir HCl)
Caplets CLICK HERE TO
LEARN MORE ▶


*Subject to eligibility. Restrictions apply. See rules and regulations.

Health Resources

LATEST NEWS

- [Obama stands by belief a public option i...](#)
- [Cigarette packaging may still mislead co...](#)
- [Lack of sun may dim depressed people's t...](#)
- [U.S. health officials back safety of Mer...](#)
- [Covidien says Dutch isotope reactor runn...](#)

ALL LATEST HEALTH NEWS »



STAR STYLE & CELEBRITY TRENDS

the Thread™
on Shine®
Watch Now

SPONSORED LINKS

- [Asthma Symptoms](#)
Find Symptoms of Asthma, and Learn about Asthma Treatments.
[Asthma.Intelliseeker.net](#)
- [Experiencing Asthma Symptoms?](#)
What Are Symptoms Of Asthma? Learn How To Detect & Prevent Symptoms.
[www.Health.com/asthma](#)
- [Stressed, Depressed & Fat? It's Not You](#)
It's Cortisol. Get The Facts On Hormonal Balance. Feel Great Again.
[www.stress-hormone-relief.com](#)
- [Depression From Debt Stress? Get Help](#)
Get Debt Relief-Lower Payments-Save \$1000s & Reduce Stress. List debt.
[www.DebtReliefCenter.org](#)

Further Reading

[RESPIRATORY HOME »](#)

Recent News

- [Obama stands by belief a public option is viable \(AP\)](#)

Discover Related Topics:

- [Asthma](#)
- [Allergy](#)

Cigarette packaging may still mislead consumers (Reuters) Cold & Flu

Lack of sun may dim depressed people's thinking (Reuters)

U.S. health officials back safety of Merck vaccine (Reuters)

Covidien says Dutch isotope reactor running again (Reuters)

[ALL RECENT NEWS »](#)



Syndication: [digg](#) [del.icio.us](#) [Stumble](#) [Technorati](#)

SEARCH YAHOO! HEALTH FOR: _____

[Search Health](#)

[HEALTH HOME](#)

[HEALTH NEWS](#)

[SAD, STRESSFUL EVENTS MAY WORSEN KIDS' ASTHMA \(REUTERS\)](#)

Elsewhere on Yahoo! Health

Exercise



[Instant Ab Flatteners](#)

Cold or Flu



[Cold or Flu?](#)

Mind & Mood



[7 Ways to Lift a Bad Mood](#)

Sleep



[Tips for Better Sleep](#)

Things You Can Do

Help us improve Yahoo! Health

[Send Your feedback](#)

Also on Yahoo!

- [- Real Estate](#)
- [- Travel](#)
- [- Shopping](#)
- [- Shine](#)
- [- Sports](#)
- [- Autos](#)
- [- HotJobs](#)
- [- Maps](#)
- [- Local](#)
- [- OMG](#)

Copyright © 2009 Yahoo! Inc. All rights reserved. [Terms of Service](#) | [Copyright/IP Policy](#) | [Help](#)

NOTICE: We collect personal information on this site. To learn more about how we use your information, see our [Privacy Policy](#)

This site and its services, including the information above, are for informational purposes only and are not a substitute for professional medical or health advice, examination, diagnosis, or treatment. Always seek the advice of your physician or other qualified health professional before starting any new treatment, making any changes to existing treatment, or altering in any way your current exercise or diet regimen. Do not delay seeking or disregard medical advice based on information on this site. Medical information changes rapidly and while Yahoo! and its content providers make efforts to update the content on the site, some information may be out of date. No health information on Yahoo!, including information about herbal therapies and other dietary supplements, is regulated or evaluated by the Food and Drug Administration and therefore the information should not be used to diagnose, treat, cure, or prevent any disease without the supervision of a medical doctor.