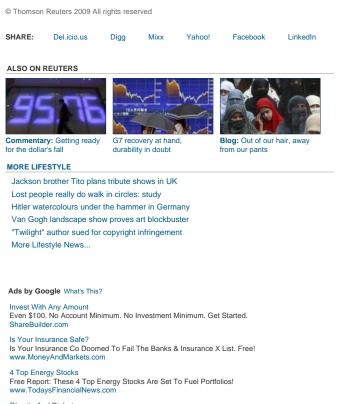
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ou are here: Home > News	> Lifestyle > Article Overweight when they s Wed Aug 19, 2009 7:58pm EDT				8.91 +69.75 +0.75% Nasdav EDITOR'S CHOICE	a: 1988.49 +19.25 +0.98% A selection of our best photos from the past 24 hours. Slideshow	
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nternational		NEW YORK (Re	uters Life!) - If ye	ou're dining			
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ifestyle		overweight chi	dren and teenage	ers eat			
Oddly Enough	and with	more when they have a snack with an overweight friend rather than with a					
lealth		thinner peer.					
Science		Researchers fro	om the State Univ	versity of			
pecial Coverage	1 of 1 Full S	f1 Full Size New York at Buffalo studied a group of 9-					
/ideo	_	to 15-year-olds and found that all youngsters, regardless of their weight,					
Pictures	tended to eat more when t						
Your View	they did not know.						
Blogs	 But the biggest calorie intakes were seen when an overweight child spacked with an overweight friend 				MOST POPULAR ON REUTERS		
Veather	 snacked with an overweight friend. The findings, reported in the American Journal of Clinical Nutrition, highlight the role of friends' influence in how much children eat and, possibly, in their weight control. 				Articles Video		
Reader Feedback					1. Dangerous Hurricane Bill could		
Knowledge that Informs the Private Equity and Venture Capital World	Researcher Sarah-Jean Salvy, an assistant professor of pediatrics at the State University of New York, said it was not surprising that children eat more when they are with friends instead of strangers. She told Reuters Health that the same pattern has been found in adults which can be partly explained by people being more self-conscious around strangers.			ldren eat in adults	 threaten east Canada Oprah and Dr Oz sue over alleged false endorsements Frustrated tweets new headache for airlines Germany's Merkel again most powerful woman: Forbes Afghans turn out to vote despite sporadic 		
Do More With Reuters	But this can also be partly explained as friends act as "permission-givers." "They set the norm for what is appropriate to do, or in this case eat," said Salvy.				 Argnans turn out to vote despite sporadic violence Video Arms expert warns new mind drugs eyed by military 		
	For the study, Salvy and her colleagues had 23 overweight and 42 normal- weight children and teens spend 45 minutes with either a friend or an unfamiliar peer.			 Honey, I cheated, and Hurricane Bill set to reg prepares "Putpockets" give a littl 	jain power, Bermuda		
	Each pair was given games, puzzles and books for entertainment, along with bowls of chips, cookies, carrots and grapes.			nt, along	10. U.S. jobless claims une Most Popular Articles RSS		
Partner Services	Overall, the researchers found that pairs of friends downed more calories than did unacquainted pairs and overweight friends consumed the most 738 calories, on average, versus 444 calories when an overweight child was paired with normal-weight friend.			the most	BLOGS - FAN FARE Carmen - "trollops, treachery, filthy vices" Diane Kruger's "Inglourious" reunion with Brad Pitt		
Professional Products About Thomson Reuters	Normal-weight kids consumed an average of about 500 calories when paired with a friend, regardless of the friend's weight. Salvy said a recent study of adults found that people were more likely to gain weight over three decades if their same-sex friends were overweight or obese, suggesting a role for "social influence" in body weight.				Comments [1] And the last Beatles song v Michael Jackson's doctor s More Fan Fare		
	When it comes to children and teens, it's known that many follow their friends' lead in deciding whether to smoke or drink.			ow their			
	Salvy said the current findings suggest that children' eating habits are also "largely determined by their social network."			oits are also			
	The good side of that, according to Salvy, is that helping one child make healthy changes may end up influencing his or her friends as well.						
	(Reporting by Amy Norton of Reuters Health, Editing by Belinda						



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