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Allergy Season Starts Early

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BUFFALO, NY (WKBW) -- We've all enjoyed an early start to Spring with above average temperatures and even a stretch of record warmth. But now many of us are paying for it with an early start to allergy season. While the buds on the trees look nice, they are the main factor right now contributing to the higher pollen counts. "We had quite a few weeks of very nice early Spring weather in late March and that really got the plants jump started," Dr. Stanley Schwartz, Director of Allergy and Immunology at the University at Buffalo and the Chief of Medicine for Kaleida Health, said. "The plants that are particularly bothering people right now are trees... they are the earliest plants to pollinate and that's what is giving people a rough time."

Not only are allergies starting up early, possibly leading to a longer season, but this year may be among the worst. "It could very well be the worse season if we have a string of warm days, a lot rain... then the pollen counts and the mold spore counts go up and there's a lot of it in the air. It's very possible your symptoms will worsen."