The background features a complex pattern of white lines and arrows on a blue field. The lines include solid straight lines, dashed lines, and curved paths. Some lines have small white circles at their ends, and several arrows indicate direction, pointing generally towards the bottom right. The overall aesthetic is technical and modern.

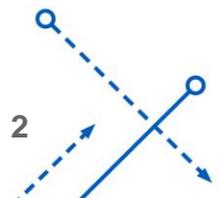
J-1 STUDENT INTERN & NON- DEGREE ORIENTATION

Office of International Education
International Student Services

Your Exchange Visitor Program

The Exchange Visitor Program is designed to bring, among others, scholars, researchers, professors and specialists to the United States for a variety of **educational and cultural exchange purposes.**

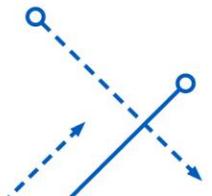
The J visa, which is issued to individuals who come to the U.S. on the Exchange Visitor Program, **is set apart from all other non-immigrant visa classes by its underlying philosophy of educational and cultural exchange.**



International Student Services

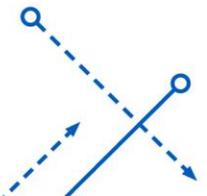
Act as a resource and advocate

Help students make a well-integrated transition to UB through diverse cultural, educational and leadership opportunities



ISS Staff

- [Katie Tudini](#), Assistant Vice Provost and Director **(ARO)**
- [Jessica Ereiz](#), Assistant Director for Immigration Advisement **(ARO)**
- [Jim Bowman](#), International Student Advisor **(ARO)**
- [Amy Burk](#), SEVIS Coordinator & Advisor **(ARO)**
- [Jenna Lenz](#), Walk-In Service Area Co-Manager, Advisor **(ARO)**
- [Darla Maffei](#), International Student Advisor
- [Janet Schrum](#), International Student Advising Assistant **(ARO)**
- [Caitlin Rioux](#), International Student Inclusion & Engagement Program Coordinator
- [Chao Stanford](#), International Student Coordinator
- [Siqi Wang](#), Graduate Assistant
- [Ammon Vrooman](#), Graduate Assistant
- [Fengrong Yang](#), Graduate Assistant



Contact Information

International Student Services
210 Talbert Hall, North Campus

Office Hours: Monday – Friday, 9:00-5:00

**Advising Hours in 210 Talbert Hall –
1:30-4:00 p.m., Monday- Friday.**

Email: iss@buffalo.edu

Tel. 716.645.2258

Web: www.buffalo.edu/iss.html

Facebook: www.facebook.com/ISSSUB/
Welcome to ISS!





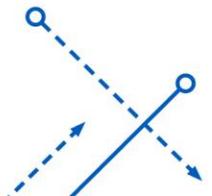
The screenshot shows the myISSS iStart Home Page. At the top left is the UB logo and 'iStart' text. Below it is 'iStart Home Page'. The main content area features a world map, the 'myISSS' logo, and the text 'online services for international students, scholars & staff'. A paragraph describes the technology and services. A box titled 'Current Students and Students on OPT: Log In with UBIT and password' contains instructions and a 'LOGIN' button. To the right, it lists 'Administrative Services for University Departments'.

Ubissb.buffalo.edu/istart

myISSS

myISSS is a software application used to:

- Maintain an electronic file for each student
- Update student records in SEVIS, the database that manages all international students in the United States
- Efficiently manage requests made by international students.



ISS Programs & Activities

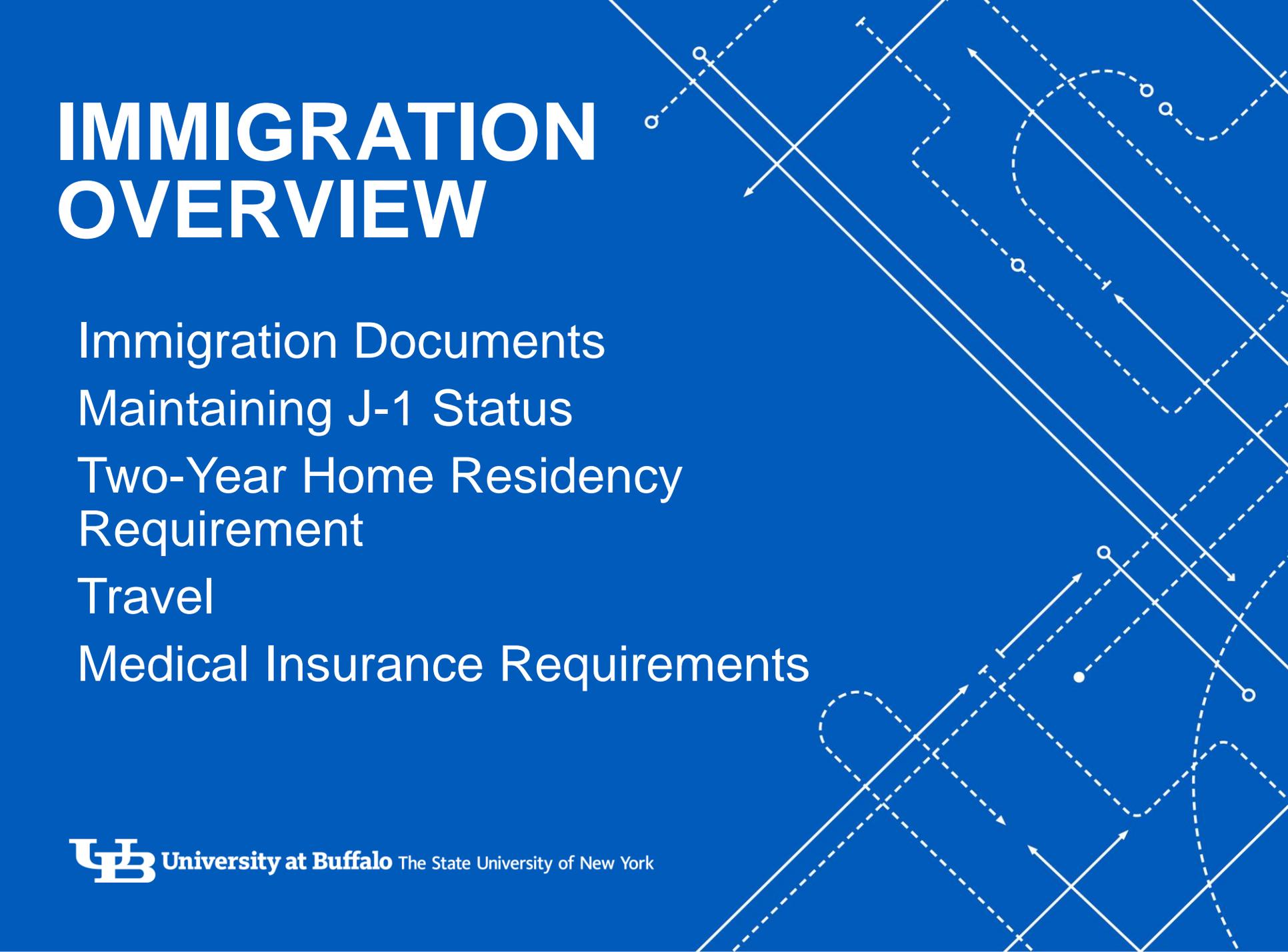
- Trips (Skiing, Letchworth State Park, Hikes, Walking Tours, and much more!)
- Employment Workshops
- International Education Week (November)
- International Student Mentoring Program
- Transcending Borders Program Activities



Watch for our weekly ISS Newsletter announcing these and other fun and exciting opportunities!



IMMIGRATION OVERVIEW

The background of the slide is a solid blue color. Overlaid on this background is a complex, abstract pattern of white lines. These lines include solid straight lines, dashed lines, and lines with arrows pointing in various directions. Some lines are straight and parallel, while others are curved or intersect at various angles, creating a sense of movement and connectivity. The overall effect is a modern, technical, and dynamic aesthetic.

Immigration Documents

Maintaining J-1 Status

Two-Year Home Residency
Requirement

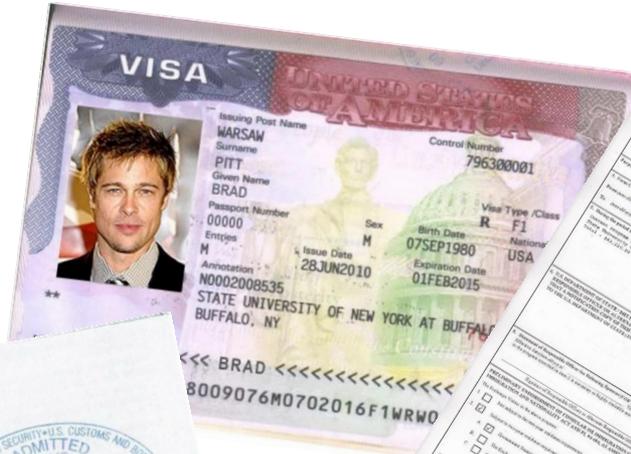
Travel

Medical Insurance Requirements

YOUR IMMIGRATION DOCUMENTS



Securing America's Borders
I-94 IAD
Record Number: 12345678910
Most Recent Date of Entry: 2014 December 25
Class of Admission: F1
Admit Until Date: DIS
Details provided on the I-94 information form:
Last Surname: Student
First (Given) Name: New
Birth Date: 01/01/1990
Passport Number: 123456789
Country of Issuance: Korea, South



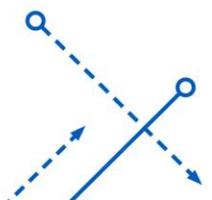
CERTIFICATE OF READINESS FOR EXCHANGE VISITOR STATUS (I-190)(NOFEE)(EV1)
U.S. Department of State
Form I-190 (Rev. 09/18/2010)
Applicant: BRAD PITT
Sponsor: STATE UNIVERSITY OF NEW YORK AT BUFFALO
Exchange Visitor Status: F1
Exchange Visitor Category: Student
Exchange Visitor Subcategory: Student
Exchange Visitor Program: Student
Exchange Visitor Sponsor: STATE UNIVERSITY OF NEW YORK AT BUFFALO
Exchange Visitor Sponsor Address: STATE UNIVERSITY OF NEW YORK AT BUFFALO
Exchange Visitor Sponsor Phone: (716) 624-2000
Exchange Visitor Sponsor Email: brad.pitt@buffalo.edu
Exchange Visitor Sponsor Signature: Brad Pitt
Exchange Visitor Sponsor Title: Student
Exchange Visitor Sponsor Address: STATE UNIVERSITY OF NEW YORK AT BUFFALO
Exchange Visitor Sponsor Phone: (716) 624-2000
Exchange Visitor Sponsor Email: brad.pitt@buffalo.edu
Exchange Visitor Sponsor Signature: Brad Pitt
Exchange Visitor Sponsor Title: Student



Departure Number: 414442629 11
Immigration and Naturalization Service
I-94 Departure Record
14. Family Name: PITT
15. First (Given) Name: BRAD
17. Country of Citizenship: USA
16. Birth Date (Day/Mo/Yr): 12 18 63
Class: F1
Unit: DIS
STAPLE HERE



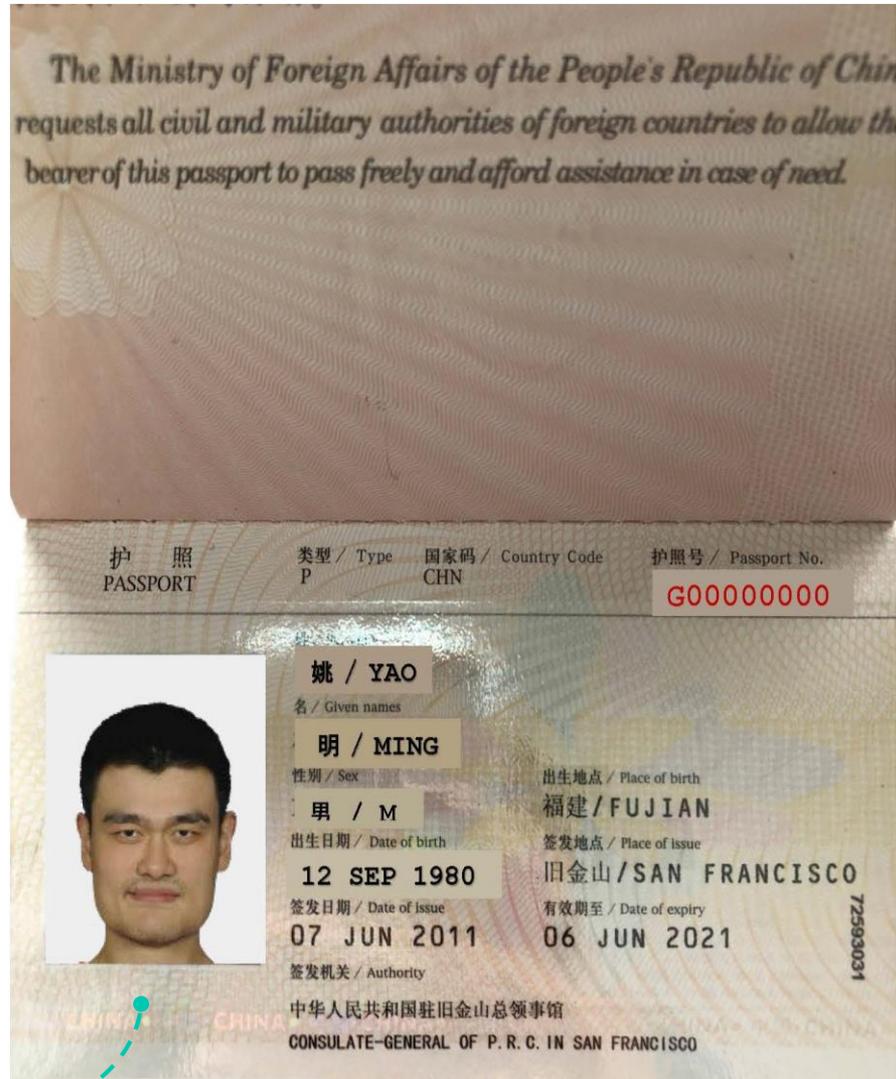
Remember! Keep copies of all of your immigration documents. You will need them if you apply for immigration benefits in the future!



Passport

- Must be valid at least 6 months in the future (6 Month Club)
- Must be renewed before the expiration date – contact your Embassy if you are in the U.S.

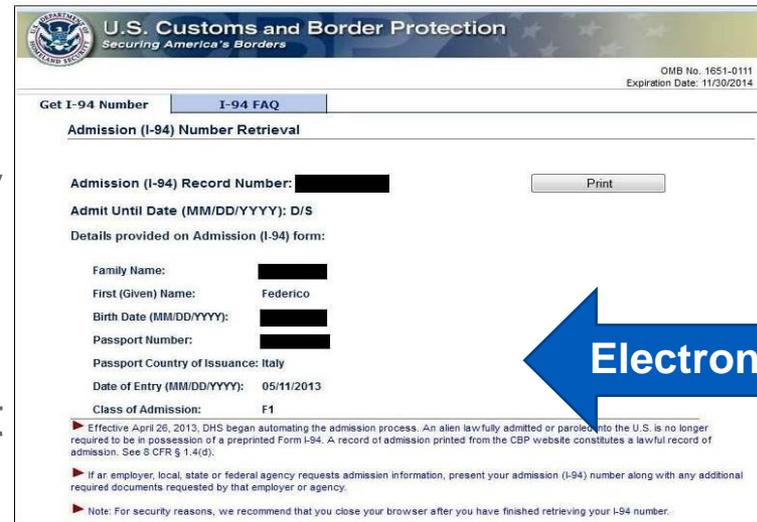
Don't let your passport expire while you are inside the U.S.!



I-94

- Arrival/Departure record issued by Customs and Border Protection (CBP)
- If you have a paper I-94, you must give it to CBP when you depart the U.S.
 - Exception: Short trips (<30 days) to Canada, Mexico, Caribbean Islands.

Please print your electronic I-94:
<https://i94.cbp.dhs.gov/i94/#/recent-search>



U.S. Customs and Border Protection
Securing America's Borders

OMB No. 1651-0111
Expiration Date: 11/30/2014

Get I-94 Number **I-94 FAQ**

Admission (I-94) Number Retrieval

Admission (I-94) Record Number: [REDACTED]

Admit Until Date (MM/DD/YYYY): D/S

Details provided on Admission (I-94) form:

Family Name: [REDACTED]
First (Given) Name: Federico
Birth Date (MM/DD/YYYY): [REDACTED]
Passport Number: [REDACTED]
Passport Country of Issuance: Italy
Date of Entry (MM/DD/YYYY): 05/11/2013
Class of Admission: F1

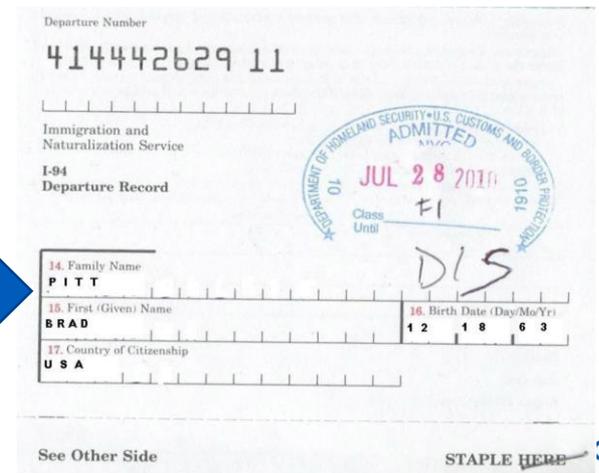
▶ Effective April 26, 2013, DHS began automating the admission process. An alien lawfully admitted or paroled into the U.S. is no longer required to be in possession of a preprinted Form I-94. A record of admission printed from the CBP website constitutes a lawful record of admission. See 8 CFR § 1.4(d).

▶ If an employer, local, state or federal agency requests admission information, present your admission (I-94) number along with any additional required documents requested by that employer or agency.

▶ Note: For security reasons, we recommend that you close your browser after you have finished retrieving your I-94 number.

Electronic

Paper



Departure Number
414442629 11

Immigration and Naturalization Service
I-94
Departure Record

14. Family Name
P I T T T

15. First (Given) Name
B R A D

16. Birth Date (Day/Mo/Yr)
1 2 / 1 8 / 6 3

17. Country of Citizenship
U S A

See Other Side STAPLE HERE

Form DS-2019: Certificate of Eligibility for Exchange Visitor (J-1) Status

Check your program dates!
If you need additional time (even one day), must apply for an extension

If you will end your program early, you need a new DS-2019! Even if only a one day change.

Remember to sign your DS-2019 here



U.S. Department of State
CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO. 1405-0119
09/02/07
ESTIMATED BURDEN TIME: 45 min
*See Page 2

1. Surname/Primary Name: _____ Given Name: _____ Gender: FEMALE		ID# _____
Date of Birth (mm-dd-yyyy): 11-03-1993	City of Birth: Pryluky	Country of Birth: UKRAINE
Legal Permanent Residence Country Code: UKRAINE	Legal Permanent Residence Country: UKRAINE	Citizenship Country Code: UP
Position Code: 334	Position: EMPLOYEE OF IND. INSTIT OR CORP	
Primary Site of Activity: U at Buffalo, SUNY - Graduate School 408 Capron Hall Buffalo, NY 14260		
2. Program Sponsor: U.S. Department of State (Fulbright Students - 1)		Program Number: G-1-00001
Participating Program Official Description: RESEARCH SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE		
Purpose of this form: Begin new program; accompanied by number (0) of immediate family members.		
3. Form Covers Period: From (mm-dd-yyyy): 08-15-2016 To (mm-dd-yyyy): 05-31-2017		4. Exchange Visitor Category: STUDENT MASTERS Subject/Field Code: 50.1002 Subject/Field Code Remark: Arts Management
5. During the period covered by this form, the total estimated financial support (in U.S. \$) to be provided to the exchange visitor by: Current Program Sponsor Funds : \$22,010.00 State University of New York at Buffalo : \$22,210.00 Total : \$44,220.00		
4. U.S. DEPARTMENT OF STATE / DHS USE OR CERTIFICATION BY RESPONSIBLE OFFICER OR ALTERNATE RESPONSIBLE OFFICER THAT A NOTIFICATION COPY OF THIS FORM HAS BEEN PROVIDED TO THE U.S. DEPARTMENT OF STATE. (INCLUDE DATES)		5. _____ Name of Official Preparing Form Title _____ Signature of Responsible Officer or Alternate Responsible Officer Date (mm-dd-yyyy): 07-05-2016
8. Statement of Responsible Officer for Release Sponsor (FOR TRANSFER OF PROGRAM) Effective date (mm-dd-yyyy): _____ Transfer of this exchange visitor from program number _____ sponsored by the program specified in item 2 is necessary or highly desirable and is in conformity with the objectives of the Mutual Educational and Cultural Exchange Act of 1961, as amended. Signature of Responsible Officer or Alternate Responsible Officer _____ Date (mm-dd-yyyy) of Signature _____		
PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(i) OF THE IMMIGRATION AND NATIONALITY ACT AND PL 94-484, AS AMENDED (see item 1(a) of page 2a). The Exchange Visitor in the above program: 1. <input type="checkbox"/> Not subject to the two-year residence requirement. 2. <input checked="" type="checkbox"/> Subject to two-year residence requirement based on: A. <input checked="" type="checkbox"/> Government financing and/or B. <input type="checkbox"/> The Exchange Visitor Skills List and/or C. <input type="checkbox"/> PL 94-484 as amended <i>(ALL USAID PARTICIPANTS G-2-00263 AND ALL ALIEN PHYSICIANS SPONSORED BY P-3-0319 ARE SUBJECT TO THE TWO-YEAR HOME RESIDENCE REQUIREMENT.)</i>		TRAVEL VALIDATION BY RESPONSIBLE OFFICER (Maximum validation period is 1 year*) *EXCEPT: Maximum validation period is up to 6 months for Short-term Scholars and 4 months for Camp Counselors and Summer Work/Travel. (1) Exchange Visitor is in good standing at the present time Date (mm-dd-yyyy): _____ Signature of Responsible Officer or Alternate Responsible Officer _____ (2) Exchange Visitor is in good standing at the present time Date (mm-dd-yyyy): _____ Signature of Responsible Officer or Alternate Responsible Officer _____
THE U.S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212 (i). EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document. Signature of Applicant: _____ Date (mm-dd-yyyy): 07-26-2016 Place: Kyiv, Ukraine		Signature of Responsible Officer or Alternate Responsible Officer _____ Date (mm-dd-yyyy): _____

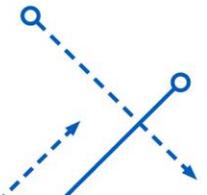
DS-2019
07-2011
Page 1 of 2

Immigration Documents – Submit copies to ISS

We will request copies of the following documents:

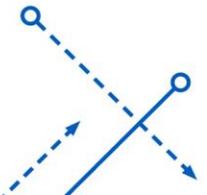
- Passport
- U.S. Visa Stamp
- Electronic Print-out of I-94 (printed from <https://i94.cbp.dhs.gov/i94/#/recent-search>) OR your I-94 Card OR Admission Stamp (in your passport)
- DS-2019 (page 1)

Please bring your original documents to your orientation overview meeting...



Maintaining J-1 Status

- Don't let your documents expire!
- Report your U.S. address, email and phone number to UB (and within 10 days of any change) by emailing us at iss@buffalo.edu.
- Maintain proper health insurance coverage for you and your dependents. Provide ISS with proof of coverage.
- Complete your program objectives!
- Notify ISS (iss@buffalo.edu) if you complete your program objectives early.
- Work only for the UB Department who invited you.

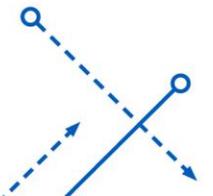


Two Year Home Country Physical Presence Requirement

You may be subject to this requirement (§212e) if:

- You have financial support provided by your government or the U.S. government.
- Your area of specialization is on the “Skills List”

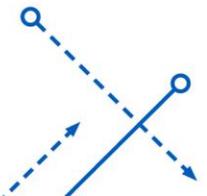
If you are subject, you must “reside and be physically present” for a total of two years in either your country of nationality or legal permanent residence after the completion of your J-1 Exchange Visitor Program.



Two Year Home Country Physical Presence Requirement Continued

Until this requirement is met, you will not be eligible for:

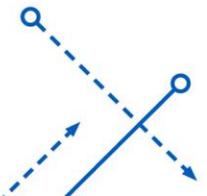
- H-1B (temporary worker) visa
- L (intra company transferee) visa
- K (fiancé/e) visa
- Adjustment of Status to permanent residence (green card) or immigration visa processing
- Change of status inside the U.S. to any other non-immigrant classification except A (diplomats & dependents) or G (representative to international organizations) or U (victims of qualifying criminal activity).



Two Year Home Country Physical Presence Requirement Reminder

Important Reminder

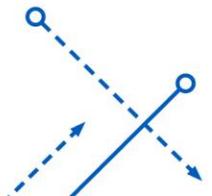
If you apply for a waiver of the Two-Year Home Country Physical Presence Requirement (INA 212e), and your waiver is recommended in writing by the U.S. Department of State (“No Objection Statement”) and/or you receive Form I-612 from U.S. Citizenship and Immigration Services, you are no longer eligible for any J-1 benefits (DS-2019 Extension, Academic Training, SEVIS Transfer, etc.). Therefore, please consult with ISS, Talbert Hall 210, North Campus before applying for the waiver.





Travel

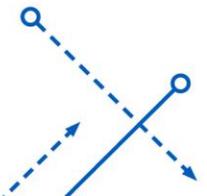
- Required documents for re-entry to the U.S. (includes trips to Canada)
 - Travel Validation signature on DS-2019 (valid for one year) – lower left corner of your DS-2019.
 - Valid J-1 visa
 - Passport valid for at least 6 months into future
- Cannot sign travel validation until proper health insurance is provided to ISS.
- Before visiting Canada – report valid health insurance, complete J-1 Orientation, ISS advisor confirms your SEVIS record is active, AND you find out if a Canadian visa is required.



INCIDENT REPORTING

- Sponsors are required to report to the U.S. Department of State any negative incident involving a J-1 Exchange Visitor. Such incidents could include (but are not limited to):
 - Serious Illness or Injury
 - Arrest or Criminal Charges
 - Sexually-Related Incidents or Abuse
 - Other situation impacting a J-1 Exchange Visitor's safety (e.g. natural disasters, civil unrest, outbreaks of violence)

We are here to help you! Stay in contact with ISS!



Medical Insurance Requirements

- All J-1 Exchange Visitors are required by the U.S. Department of State and the State University of New York (SUNY) system to have health insurance coverage for themselves--and any accompanying dependents on J visas--for the duration of their J program.
- Medical Evacuation & Repatriation insurance is also required. UB's Medical Insurance includes this coverage.
 - If your insurance is waived or if you are a Research Foundation employee, you may have to purchase this separately.
- **We require verification of Medical Insurance Coverage within 30 days of your arrival and before signing the Travel Validation section of your DS-2019.**

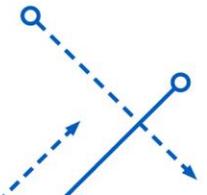


J-1 STUDENT INTERNS EMPLOYED BY UB

If you will be employed (i.e. paid) by UB, your health insurance coverage may be from a different company.

- State of New York payroll - you will receive a letter inviting you to a health insurance orientation session.
- Research Foundation payroll - information will be sent by mail. Health insurance will not begin until 42 days after your start date. Must purchase appropriate coverage for the first 42 days of your employment.
- UB Foundation payroll - you should have the SUNY health insurance for international exchange participants

If you don't receive anything in the mail in approximately one week, please tell your work supervisor.



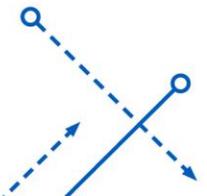
How Do I Enroll in the SUNY Medical Insurance Plan?

- Visit UB's Student Medical Insurance Office or apply online.
 - 1 Capen Hall, Tel. 645-3036, Monday – Friday, 8:30 a.m. - 4:30 p.m., www.subboard.com, Email: asksmi@buffalo.edu
- Pay your health insurance premium and bring/send a copy of the receipt to ISS.

2018-2019 SUNY health insurance costs are as follows**:

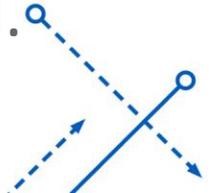
- \$124.69 per month for the J-1 Exchange Visitor
- \$253.09 per month for a spouse
- \$135.45 per month for each child

**Insurance prices increase each year.



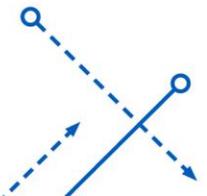
What about My Dependents?

- Any health insurance plan for dependents must be reviewed and receive an approved waiver by UB's Student Medical Insurance Office.
- If it does not meet the SUNY health insurance requirements, you will need to purchase the SUNY health insurance.
- We recommend that you obtain health insurance for your dependents from UB's Student Medical Health Insurance office. *Must enroll within 30 days of arrival.



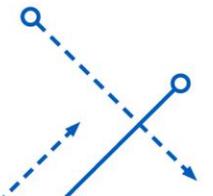
What if I Have My Own Medical Insurance?

- Find out if your medical insurance meets the SUNY requirement by completing the J-1 and J-2 Waiver form (<http://healthinsurance.buffalo.edu/>). An approved waiver is required if you plan to use your own insurance.
- An approved waiver is also necessary if your dependents would like to use their own insurance.
- Submit the completed application to UB's Student Medical Insurance Office, One Capen Hall, North Campus.
- If denied, you must purchase the SUNY insurance.



Where can I see a Doctor?

- You may use the services of UB's Student Health Center (Michael Hall, South Campus) or find your own doctor.
 - There is a fee of \$191 (2018-19) per semester and \$80 (2018-19) for the summer to use the Student Health Center.
- *Prices increase each year.



LIFE IN BUFFALO

Social Security Card

UB Cards

Safety Tips & Resources

Life & Culture in the Buffalo Area

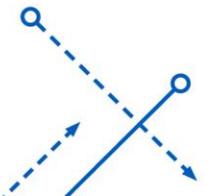
U.S. Department of State Contact
Information

SOCIAL SECURITY CARD

If you are an employee of the University at Buffalo, you will need a Social Security Number (SSN).

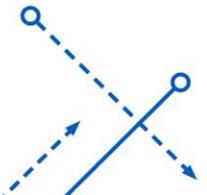
- For more information on how to apply for an SSN, visit ISS website: www.buffalo.edu/iss/social-security-card---income-tax-filing/social-security-card.html

If you already have a SSN from previous employment in the U.S., you may use that number.



Important Things to Consider...

- Be informed...watch for updates from ISS
- Taxes
- Scams/Identity Theft
- Tobacco & Smoke Free Campus
- DUI's and possible revocation of student visa
- Current environment & importance of maintaining status



Expectations

Advisor's Role

Knowledgeable about immigration regulations and UB policy

Communicate effectively and in a timely manner

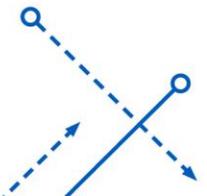
Process immigration related requests (5-7 business days)

Student's Role

Take responsibility for your academic and immigration status

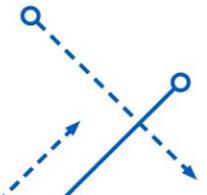
Research and utilize ISS resources (website, e-forms, handouts) to prepare before asking a question

Communicate effectively and in a timely manner (major changes to your academic or immigration status)



UB CARD

- All UB employees automatically receive a UB card.
- If you are not a UB employee, you may still receive a UB card if your data is entered into ePTF by your academic department.
- Processing time for UB cards is approximately two-three weeks after your data has been entered.
- The UB Card Office is located at:
 - North Campus: 1 Capen Hall, Tel. 645-6344
 - South Campus: 1 Diefendorf Hall, Tel. 829-3682

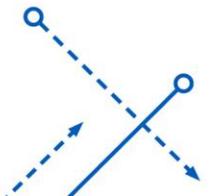


IN AN EMERGENCY...

(716) 645-2222 IF ON CAMPUS
911 IF OFF CAMPUS

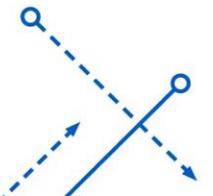


- Fire/First Aid, Criminal Activity, Suspicious persons, anytime you feel unsafe.
- Emergency Number (716) 645-2222
- Non-emergency (716) 645-2227
- Blue-light Emergency Phones



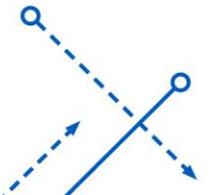
Official UB Communications

- Text Message Alerts
(www.emergency.buffalo.edu/sign_up.html)
 - for students, faculty and staff only
- UB Homepage and MyUB
- Campus News and Information - (716) 645-NEWS
- www.buffalo.edu/police
- emergency.buffalo.edu
- Campus Condition Hotline - (716) 645-2345



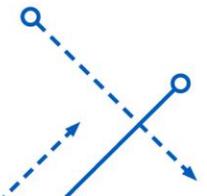
GENERAL SAFETY TIPS

- Lock your doors and secure personal belongings.
- Do not carry your Social Security Card, Passport, Birth Certificate, several credit cards or a lot of money.
- Report suspicious person(s) and activity immediately.
- Walk/run with a friend. Be alert to your surroundings.
- Don't attend a party alone – bring a friend and stay together.
 - Legal drinking age in New York is 21!
 - Do NOT drink and drive & do not give alcohol to anyone under 21.



IMPORTANT REMINDERS

- If you would like to work at an additional or different location, you must contact ISS and receive permission.
- Dependents of J-1 Exchange Visitors (J-2's) cannot work unless they receive authorization from U.S. Citizenship & Immigration Services.
- **If your health insurance coverage will expire before you complete your program, you must purchase additional coverage. Failure to maintain proper health insurance is a violation of status and will result in termination of your SEVIS record and your program.**



HELP ISS HELP YOU

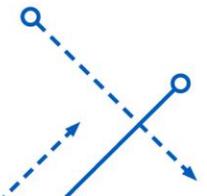
Become informed about immigration regulations as they apply to you.

- Read our website (www.buffalo.edu/iss)
- Read the ISS Newsletter for International Students

Know your rights! Read the Wilberforce Pamphlet about Rights and Protections for Temporary Workers:

<http://travel.state.gov/content/visas/en/general/rights-protections-temporary-workers.html>

If you are not sure about an immigration issue, ask ISS!



Contact Information for the U.S. Department of State Exchange Visitor Program Services

United States Department of State
Office of Exchange Coordination and Compliance
ECA/EC/ECC - SA-44, Room 664
Washington, D.C. 20522
Fax: (202) 632-2900
Email: jvisas@state.gov
Website: <http://j1visa.state.gov/>

