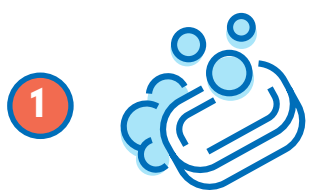


PROTECT THE UB COMMUNITY—
AND YOURSELF

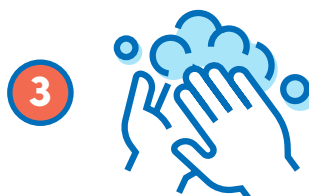
WASH YOUR HANDS



1 Wet your hands with clean running water and apply soap.



2 Lather all over, including the backs of your hands, between your fingers and under your nails.



3 Scrub for at least 20 seconds.



4 Rinse well under clean running water.



5 Dry with a clean paper towel or air-dry.

WASHING YOUR HANDS IS ONE OF THE **MOST EFFECTIVE WAYS** TO REDUCE THE RISK OF SPREADING DISEASE.

For detailed guidance and updates, visit buffalo.edu/coronavirus.

Together, we are
stopping the spread.

UB
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